



STEC O104:H4 outbreak, activities at EU level

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EU RL for E. coli, Rome, 4 November 2011

Detection of the outbreak in Germany

- 19.5; a call from Hamburg to Robert Koch Institut
 - A cluster of three HUS cases among children
- 20.5; RKI team travelled to Hamburg
 - First in depth interviews: also adult HUS cases
 - Case numbers were rising

=> Outbreak investigation initiated immediately



Case-control studies in Germany



Case-control studies

- **Two case-control studies in Hamburg**
 - Salads, cucumbers and tomatoes most likely vehicle of infection
 - Results communicated on 25 May; joint press release RKI-BfR
- **Canteen study in Frankfurt**
 - Cases were more likely to have bought salad in the canteen
 - Multivariate OR 6,57 (95% CI 1,37 – 31,39)
- **Matched case-control study in Lübeck, Bremerhaven and Bremen**
 - Matched by age, gender and place of residence
 - Matched OR for having eaten sprouts 4,35 (95% CI 1,05 – 18,0)

Cohort studies in disease clusters

Over 30 cohorts investigated since June 1, 2011 to identify the vehicle of infection and further cases, e.g.

- ⇒ Cohort studies of **travel groups** (in cooperation with foreign authorities)
- ⇒ Cluster analysis of different **restaurant-associated outbreaks**
- ⇒ Analysis of **billing data of guests** at an affected canteen; results published on June 3, 2011 (press release RKI-BfR)
- ⇒ **„Recipe-based restaurant cohort study“**
 - Relative risk for sprouts 14,2 (95% CI 2,40 – infinite)

Size of the outbreak in Germany

3842 cases

2987
non-HUS STEC

855
HUS

18 deaths
(0.6%)

35 deaths
(4.1%)

Incubation period:

- Median 8 days (25% 6 d, 75% 10 d)

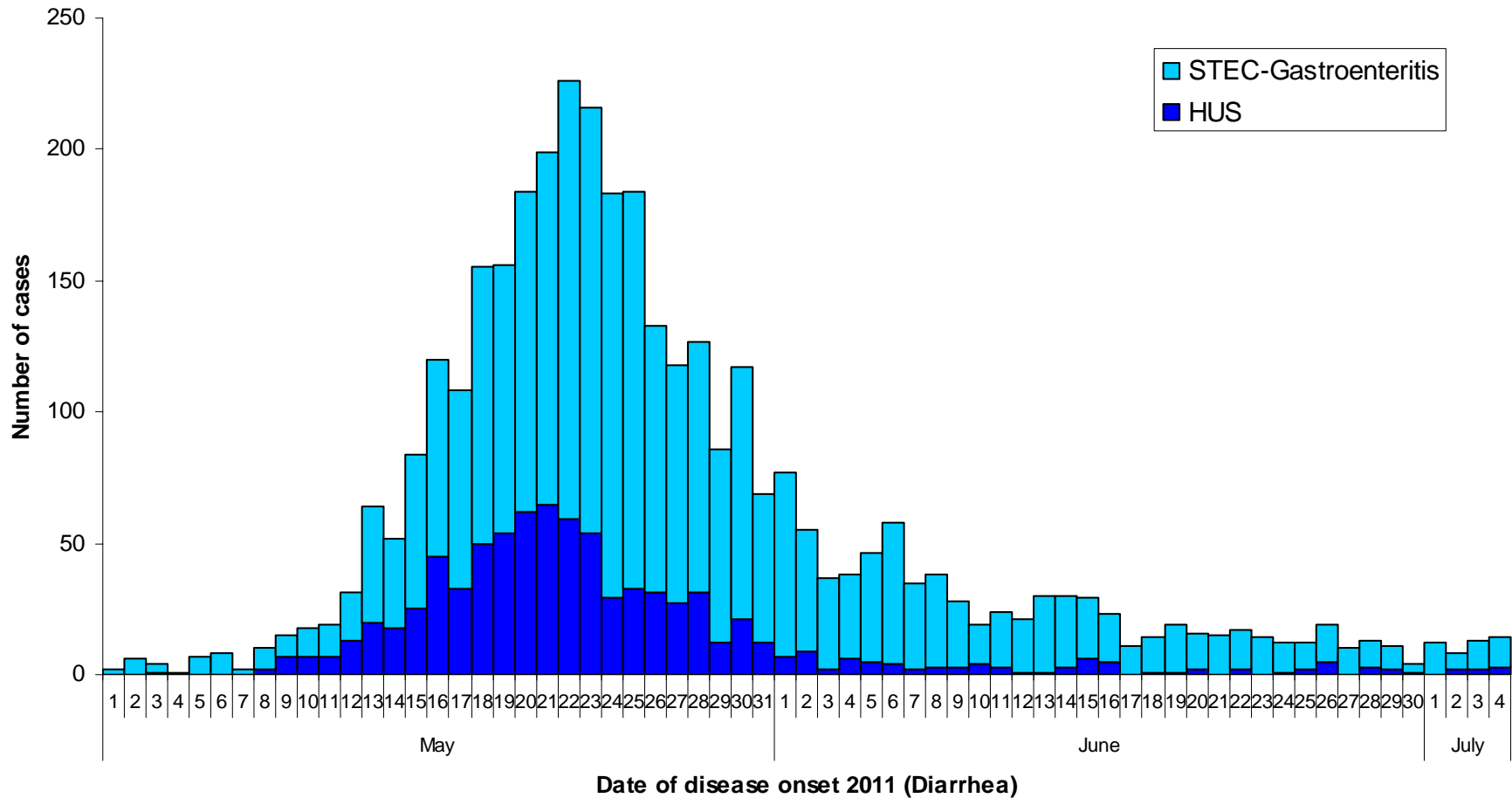
Time between diarrhoea and HUS:

- Median 5 days (25% 4d, 75% 7 d)

Of HUS cases

- 68% women
- Median age 42 years (0-91 years)
- Bloody diarrhoea in 79%

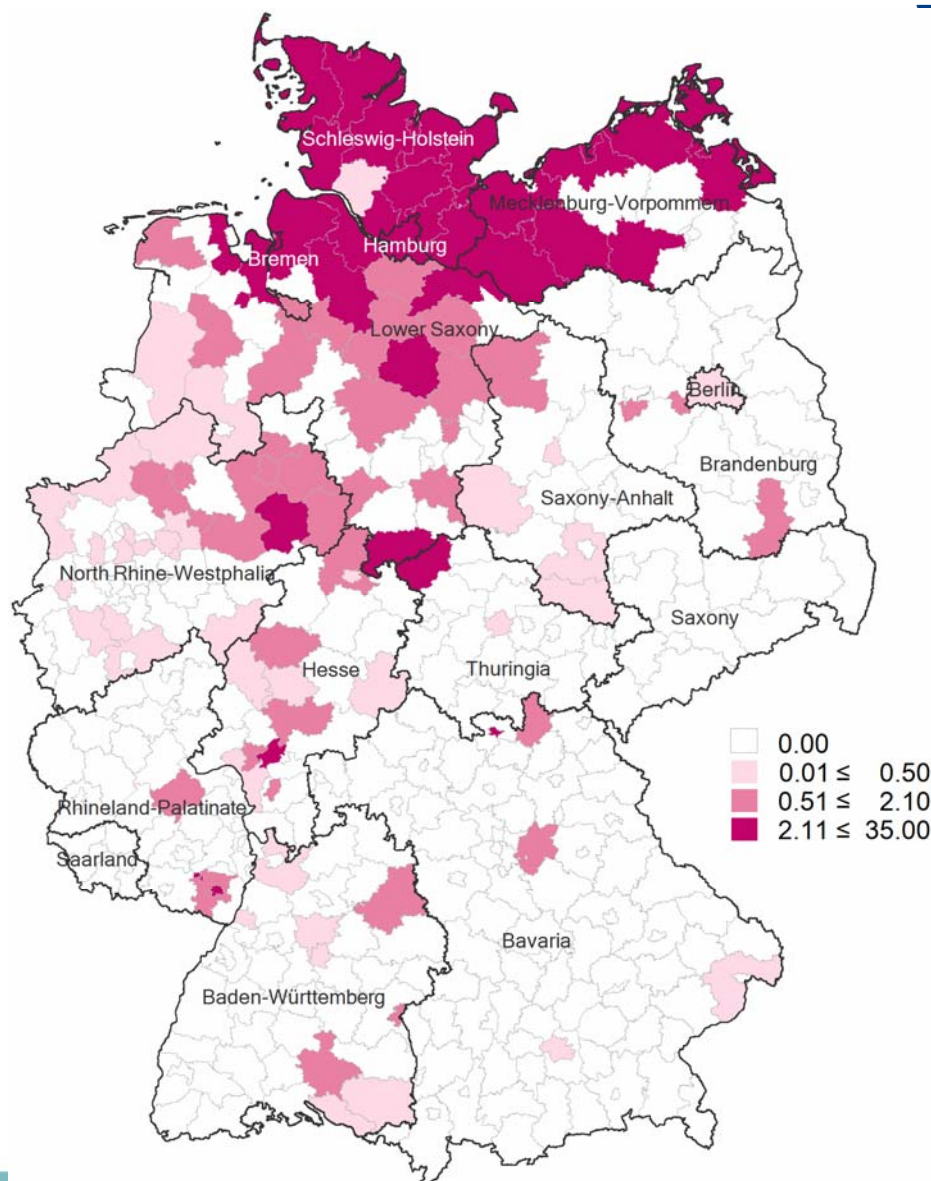
Epicurve of the STEC O104:H4 outbreak, Germany 2011





Incidence of HUS during the STEC O104:H4 outbreak by county, Germany 2011

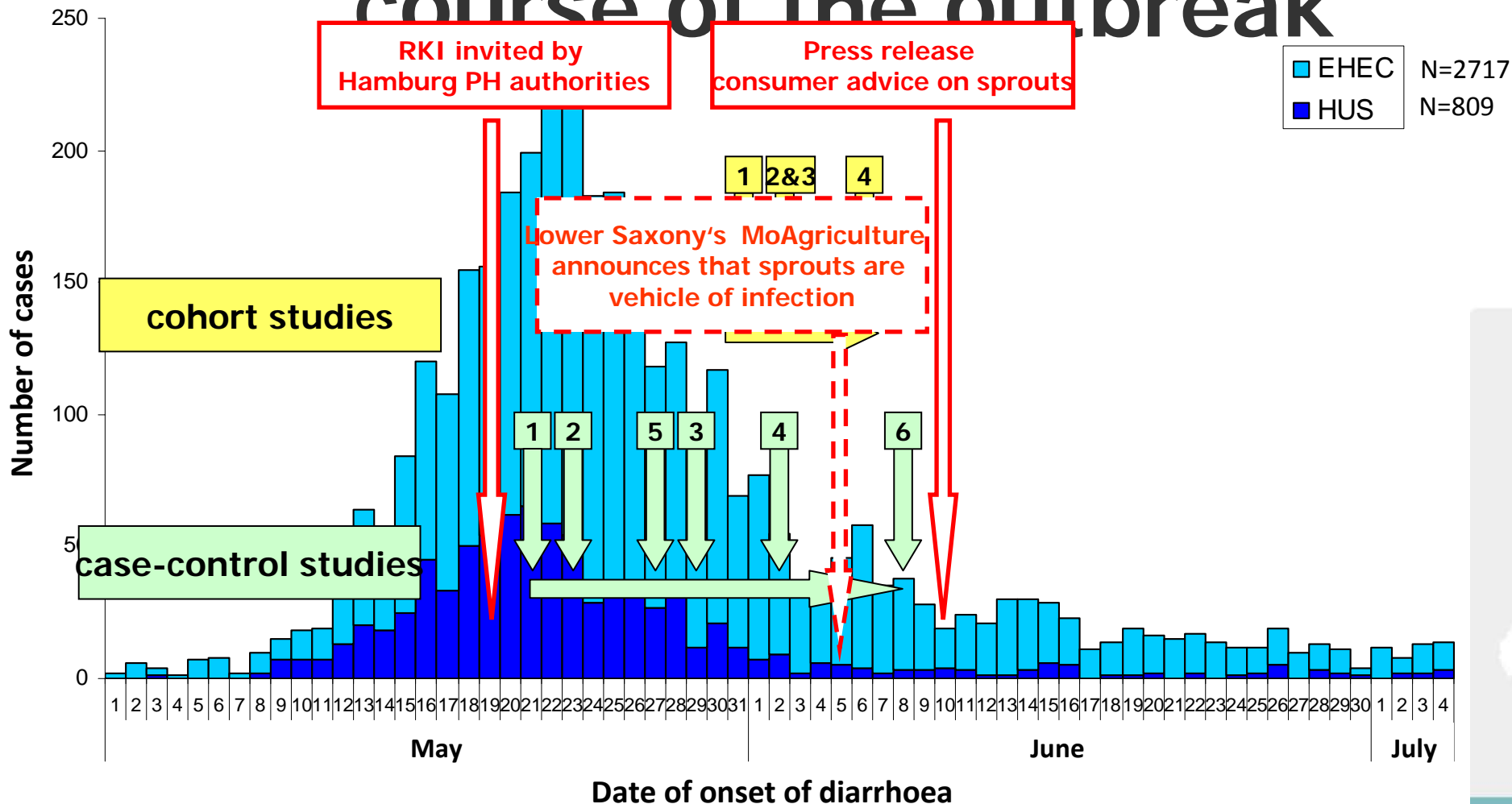
(German cases /100,000 population*)



*cases known to be associated with intra-German travel
are counted in the county of infection






Epidemiologic investigations in the course of the outbreak



Notification to ECDC by Germany

EWRS on 22 May

Reporting Member	
Name	 Germany Gerard Krause
Institution	Robert Koch-Institut

Event Information	
Posted on:	22/05/2011
Message Content:	Other information
Reporting Reason:	A3Have epidemiologically-linked cases of the same disease been detected/reported recently?
Syndrome / Disease:	HUS
Pathogen	
Country of Occurrence	 Germany
Date of onset/detection	19/05/2011
Mail Sent to	European Commission, Public Health Authorities and ECDC
Accessibility	 This message is accessible to WHO

MESSAGE:

In Germany, there has been an increase in the number of patients presenting with Haemolytic Uraemic Syndrome (HUS) with more than 30 possible cases reported since the second week of May. New cases continue to be reported. On current knowledge mainly the Northern federal states of Germany are affected but cases have also been reported from other parts of the country. Females predominating, but cases occurred also in children of school age.

Urgent inquiry on 24 May

ECDC Extranet | **EPIS** Epidemic Intelligence Information System

Epis

Epis > Urgent Inquiries > HUS/STEC outbreak among adults in Germany

Urgent Inquiries : HUS/STEC outbreak among adults in Germany

Urgent Inquiries

☒ ECDC Summary

June 7, 2011, 11:00
Update since 6 June - 11:00, Germany reported 12 new HUS cases and 82 new non-HUS STEC cases. Poland has reported one additional HUS case affecting a child who did not have travel history. Including 7 deaths were reported so far (see table 1 and figure 1).

Germany reports an ongoing outbreak of HUS/STEC with 642 HUS cases and 15 deaths due to HUS/STEC.

☒ Responses

Date	Country	Has Cases	Cases	Epidemiological Information	Suspected Sources
02/06/2011 10:34	Germany	Yes	80	<p>UPDATE 27.5.2011: The case count of HUS or suspected HUS now stands 276 cases (8am today) - the majority is still in northern Germany, still in adults, and still in women. You can find a preliminary report on the outbreak "Large and ongoing outbreak of haemolytic uraemic syndrome, Germany, May 2011" at http://www.eurosurveillance.org/ViewArticle.aspx?ArticleId=19878</p> <p>We would like to inform about a HUS/STEC outbreak in Germany with some 80 HUS cases and 7 deaths due to HUS/STEC.</p>	<p>UPDATE 27.5.2011: A Hamlet cucumbers. No details about whom are known and it remains to be seen if it can explain the entire outbreak.</p> <p>26.5.2011: A case-control study overnight into Wednesday associations between the cucumbers and leafy salad eaten together, it's hard to say. Clearly this product is the culprit.</p>

First questions:

- How common is serotype STEC O104:H4 in humans?
- How common is serotype STEC O104:H4 in animals/food?

TESSy human data from 2009:

- No cases of STEC O104:H4 reported

Scheutz/Enter-net data:

- Two cases in Germany in 2001
- One case in France in 2004

ECDC-EFSA joint report 9 June:

- One case in Finnish traveller in 2010 (Egypt)
- No animal/food isolates reported
- Literature; one case in Korea in 2005

Additional info from CDC, US:

- Strains isolated from two patients during an unconfirmed outbreak of HUS in the Republic of Georgia in 2009



EFSA/ECDC joint public health advice on preventive food safety measures

First version on 3 June
- update on 11 June 2011

Prevention measures



Public health advice on prevention of diarrhoeal illness with special focus on Shiga toxin - producing Escherichia coli (STEC), also called verotoxin - producing E. coli (VTEC) or enterohaemorrhagic E. coli (EHEC)

UPDATED joint statement by the European Centre for Disease Prevention and Control (ECDC) and the European Food Safety Authority (EFSA), 3 June 2011

On 22 May 2011, Germany reported a significant increase in the number of patients with haemolytic uremic syndrome (HUS) and bloody diarrhoea caused by Shiga toxin-producing E. coli (STEC). Since 2 May, over 400 HUS cases and over 1000 STEC cases been reported in Germany. Additional HUS and STEC cases linked to the outbreak have been reported in several other EU/EEA countries; Austria, Czech Republic, Denmark, France, the Netherlands, Norway, Poland, Spain, Sweden, and United Kingdom. While HUS cases are usually observed in children under 5 years of age, over 80% are adults in this outbreak, with a clear predominance of women (about 68%).

Public health laboratory support

National reference laboratory survey on 2 June

- 83% (25/30) laboratories replied
- 48% countries: **no detection** of non-O157 available in **any** clinical laboratory
- 56% of laboratories capable of diagnosing outbreak strain

=> 19 laboratories willing to receive
diagnostic support:

- A set of control strains (from WHO-CC)
- Antisera K9 and O104



Der Tagespiegel



Rapid risk assessments (RRAs) and epidemiological updates

25 May – By request from DG SANCO following EWRS on 22 May

26 May – Daily summaries of epidemiological situation

27 May – Update with more info from RKI and isolation of STEC in cucumbers

14 June – Update, seven other countries had reported cases, sprouts confirmed

24 June – EWRS from FR: cluster of HUS in Bordeaux, sprouts suspected

29 June – First joint EFSA/ECDC RRA: EFSA task force on food trace-back investigations

8 July – Update on ECDC/EFSA RRA: overall EU assessment

- Asymptomatic carriers among persons in one German cluster: 18/30 positive
- No significant person-to-person transmission
- Outbreak ceasing

26 July – Last epidemiological update



ECDC Rapid Risk Assessment

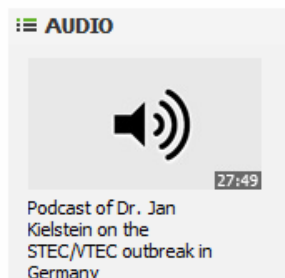
Outbreak of Shiga toxin-producing *E. coli* (STEC) in Germany

Table 1: Number of probable and confirmed HUS STEC and non-HUS STEC cases, as per the EU case definition, and deaths per EU/EEA Member State, 26 July 13:00

Member States	Number of HUS STEC cases (deaths)	Number of non-HUS STEC cases (deaths)
Austria	1 (0)	4 (0)
Czech Republic	0 (0)	1 (0)
Denmark	22 (0)	16 (0)
France	9 (0)**	2 (0)** 2 (0)**
Germany	733 (28)	2 052 (17)
Greece	0 (0)	1 (0)
Luxembourg	1 (0)	1 (0)
Netherlands	4 (0)	7 (0)
Norway	0 (0)	1 (0)
Poland	2 (0)	1 (0)
Spain	1 (0)	1 (0)
Sweden	18 (1)	35 (0)
The United Kingdom	3 (0)	4 (0)
TOTAL	782 (29)	3 128 (17)

Support to clinicians

Teleconference among clinicians
coordinated by ECDC on 9 June



Podcast of Dr. Jan Kielstein

Severe renal and
neurological complications,
seizures and coma



A screenshot of the ECDC website. The header includes the ECDC logo, navigation links (Contact, Sitemap, Links, RSS Feeds), and a font size selector. The main navigation bar contains links for Home, About Us, Activities, Health Topics, Publications, and Media Centre. The breadcrumb trail reads: "You are here: ECDC Portal > English > Health Topics > Escherichia coli (E.coli) > Clinical reference information". The page title is "Clinical reference information". A sidebar on the left lists categories: What's new, Basic facts, Epidemiological data, Prevention measures, Clinical reference information (selected), and External sites. The main content area contains a list of 7 references related to STEC infection and HUS, including systematic reviews, evidence-based case reports, and position papers.

European Centre for
Disease Prevention and Control

Home About Us Activities Health Topics Publications Media Centre

You are here: ECDC Portal > English > Health Topics > Escherichia coli (E.coli) > Clinical reference information

Clinical reference information

On this page ECDC will compile and link to information that could be useful for clinicians involved in the care of patients with STEC infection and HUS.

1. Systematic review: are antibiotics detrimental or beneficial for the treatment of patients with Escherichia coli O157:H7 infection?
2. Evidence based case report: Use of antibiotics in suspected haemolytic-uraemic syndrome
3. Long-term Renal Prognosis of Diarrhea-Associated Hemolytic Uremic Syndrome: A Systematic Review, Meta-analysis, and Meta-regression
4. References on post-diarrhoeal HUS: treatment and prognosis: Systematic reviews, meta-analyses and reviews, retrieved from PubMed, 2000-date, English
5. Interventions for haemolytic uraemic syndrome and thrombotic thrombocytopenic purpura (Review)
6. Risk of Hemolytic Uremic Syndrome After Antibiotic Treatment of Escherichia coli O157:H7 Enteritis: A Meta-analysis
7. DGI position paper on EHEC infection and antibiotic therapy (4 June 2011)

EU mission to Germany to assist in investigation

- ECDC sent liaison officer to RKI
- EU delegation of EFSA, ECDC and the Commission to Germany in early June
- EFSA assisted federal food authorities in Germany with trace back investigation 5-16 June



EFSA Task Force report on 5 July 2011



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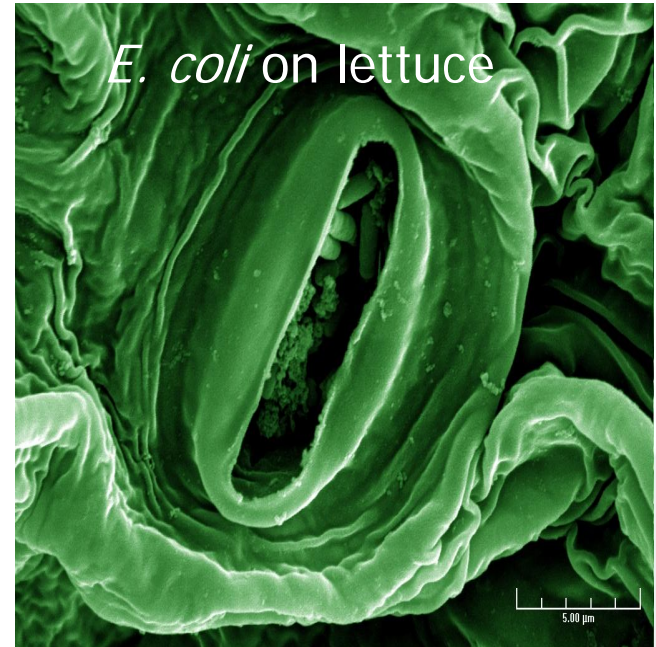
May

June

July

Cases in other countries

- In 15 countries mainly travel related cases detected
- Totally 83 STEC cases and 54 HUS cases
 - 2 deaths among HUS
- 75 cases in the EU
 - 35 in Sweden
 - 16 in Denmark



Lessons learned



- Risk assessment and risk management authorities need intensive and close collaboration throughout an outbreak
- Collaboration at EU level worked well but can be further improved
- Joined training at EU level on investigations of foodborne outbreaks would enhance the preparedness for future events
- Risk communication is challenging and requires good coordination both at national and international level

THANK YOU!

