



National Institute for Public Health  
and the Environment  
*Ministry of Health, Welfare and Sport*

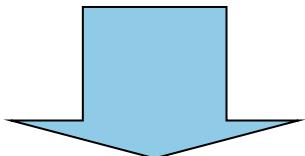
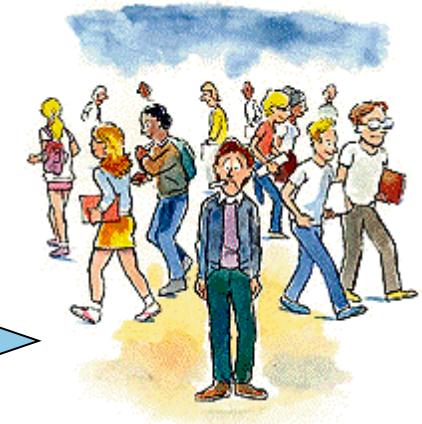
# **STEC in the environment and plants**

**Eelco Franz**

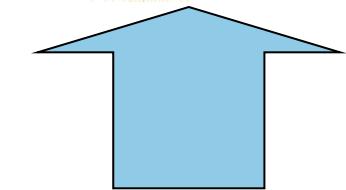
National Institute for Public  
Health and the Environment  
Laboratory for Zoonoses and  
Environmental Microbiology  
NRL - The Netherlands



# Background



Environmental transmission

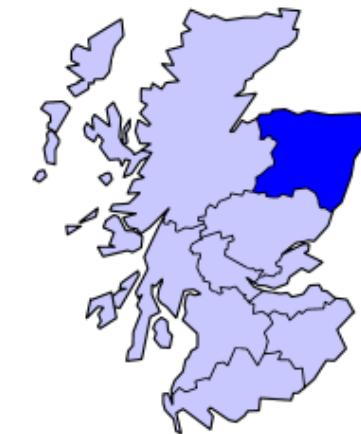
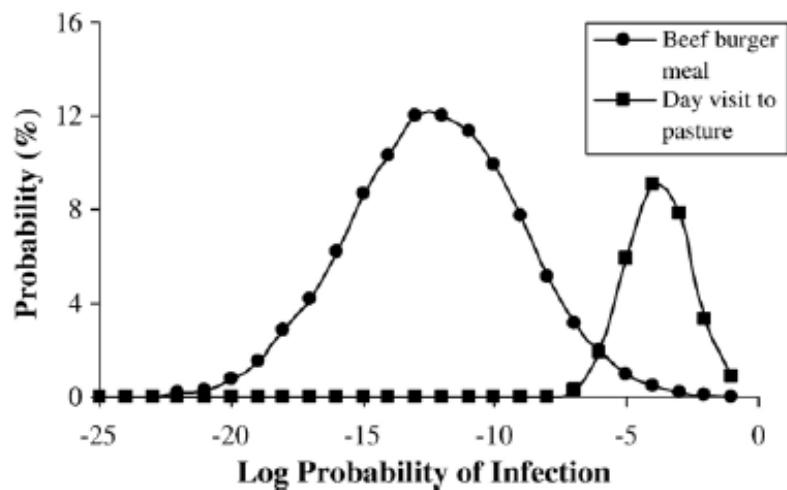




# Importance environmental transmission

Strachan 2006 Int. J. Food Microb. 112

Higher risk visiting pasture  
compared to eating burger



Ingestion of fecal and/or soil material?



# Increased STEC transmission by fresh vegetables?

| <b>Jaar</b> | <b>Land</b> | <b>Pathogeen</b>       | <b>Product</b>    | <b>#cases</b>      |
|-------------|-------------|------------------------|-------------------|--------------------|
| 1996        | Japan       | <i>E. coli</i> O157    | Radish sprouts    | > 10,000           |
| 2005        | Sweden      | <i>E. coli</i> O157    | Lettuce           | 135                |
| 2006        | U.S.        | <i>E. coli</i> O157    | Spinach           | 238                |
| 2007        | Netherlands | <i>E. coli</i> O157    | Lettuce           | 35                 |
| 2008        | U.S.        | <i>E. coli</i> O157    | Lettuce           | 74                 |
| 2010        | U.S.        | <i>E. coli</i> O145    | Lettuce           | 33                 |
| 2011        | Germany     | <i>E. coli</i> O104:H4 | Fenugreek sprouts | 3842 (HUS:855/†53) |
| 2012        | U.S.        | <i>E. coli</i> O26     | Clover sprouts    | 29                 |
| 2012        | Japan       | <i>E. coli</i> O157    | Pickled cabbage   | 110 (+7)?          |



# Ongoing O157 outbreak U.S. spinach

## Food Safety News

*Breaking news for everyone's consumption*

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### NY Spinach E. coli Outbreak Rises to 19

BY NEWS DESK | NOVEMBER 5, 2012

At least 19 New Yorkers have fallen ill in an E. coli O157:H7 outbreak linked to spinach salad mix purchased at Wegmans stores. That number has risen from the 16 cases first confirmed by the New York State Department of Health on Friday.

Of those ill, five have been hospitalized, with four already having been discharged.

The illnesses are spread across five counties: Monroe, Niagara, Steuben, Wayne and Erie.

Wegmans issued a voluntary recall of their 'Wegmans Food You Feel Good About Organic Spinach & Spring Mix' on Thursday due to possible E. coli contamination.





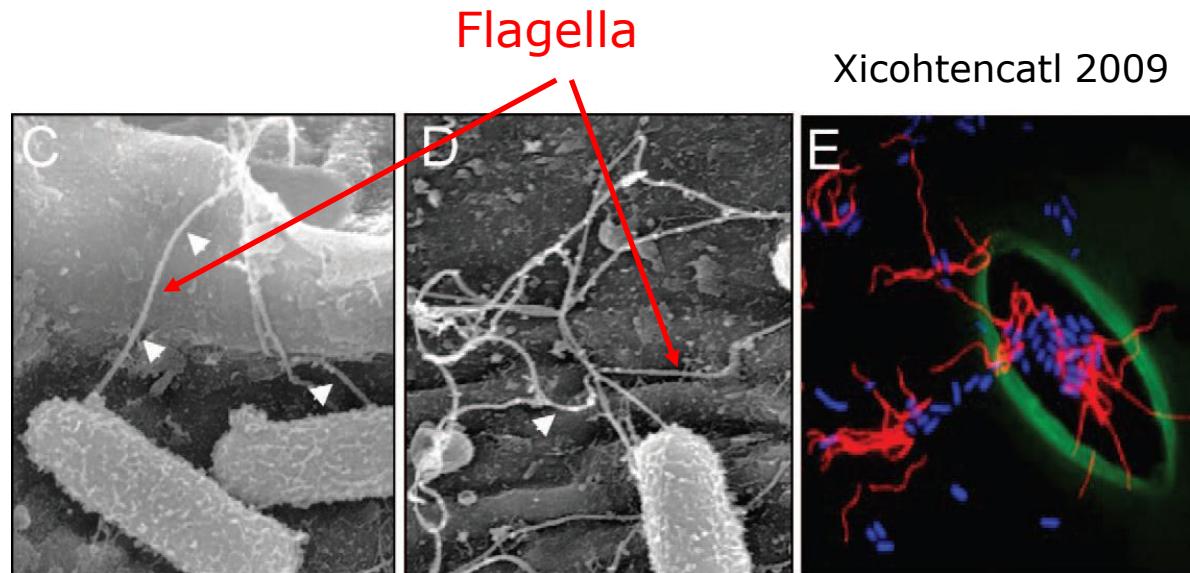
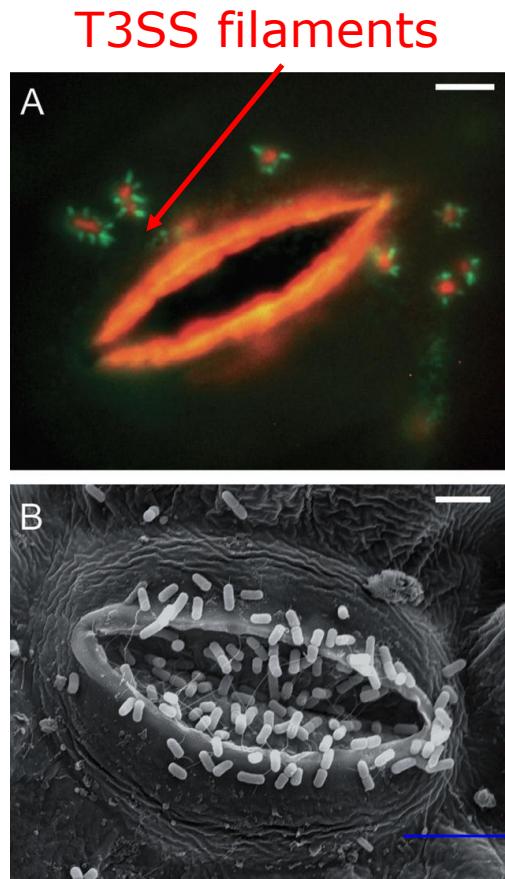
# Food safety concerns fresh vegetables

- Low VTEC prevalence but large consumption amounts
- Raw consumption
- Limited efficiency of washing and/or decontamination
  - Strong surface attachment (Jeter 2005, Shaw 2008, Xicohtencatl 2009)
  - Presence in deeper plant tissue/vascular system (Solomon 2007, Franz 2007)
- Potential for large-scale spread when “fresh-cut”
- **Vulnerable for environmental contamination when grown in the field**
  - Soil, manure as fertilizer, irrigation water, wildlife
- Potential for large-scale spread when “fresh-cut”
- Abundance of simple sugars in/on (damaged) leaves





# Attachment *E. coli* O157 to leaves





# The life-style of *E. coli* is biphasic

## Host-dependent phase

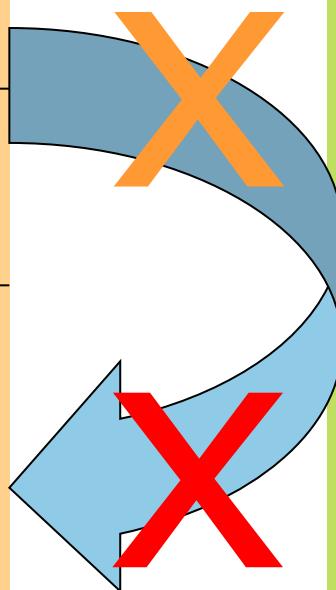
### Host / reservoir

Livestock  
Human  
Wildlife

High nutrient availability  
Optimal temperature  
Anaerobic

STABLE

NET GROWTH



## Host-independent phase

### Environment / Food

Manure  
Soil  
Water  
Plants

Nutrient limitation  
Low temperatures  
High UV, low Aw  
Aerobic

FLUCTUATING

NET DECLINE

*E. coli* is adapted to fast growth (copiotrophic) on mainly simple sugars

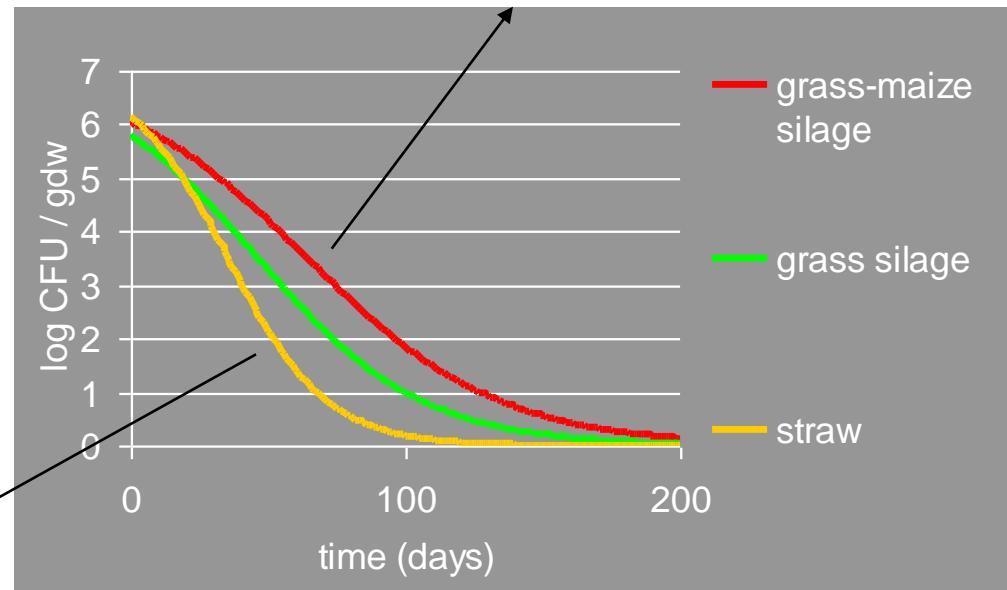


## Survival in manure: nutrient status

*E. coli* O157:H7



Low fibre content:  
high level simple sugars  
High pH



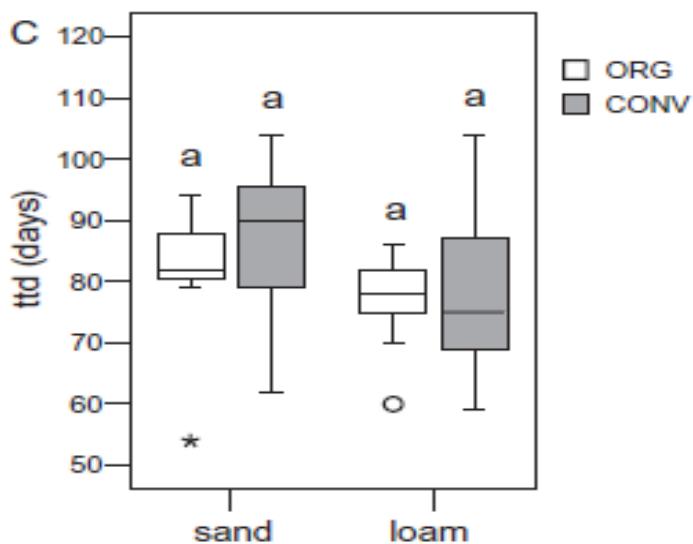
High fibre content:  
Low level simple sugars: O157 depended on degradation complex sugars by other bacteria/fungi  
High pH



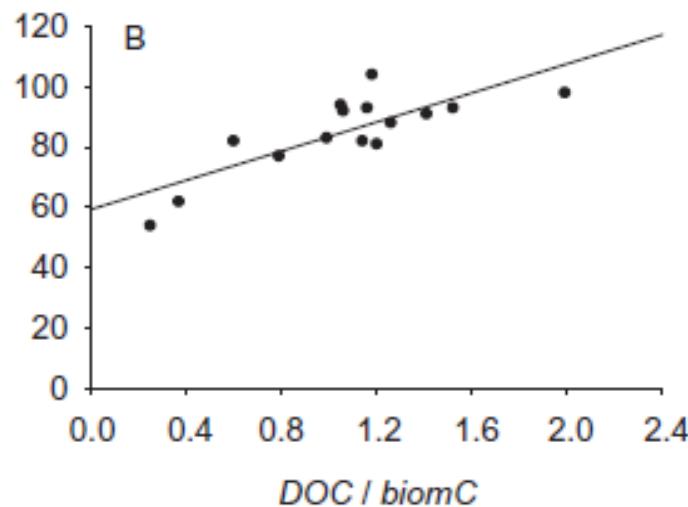
## Survival in soil: nutrient status

*E. coli* O157:H7 survival in 36 different soils

No differences management  
and soil type



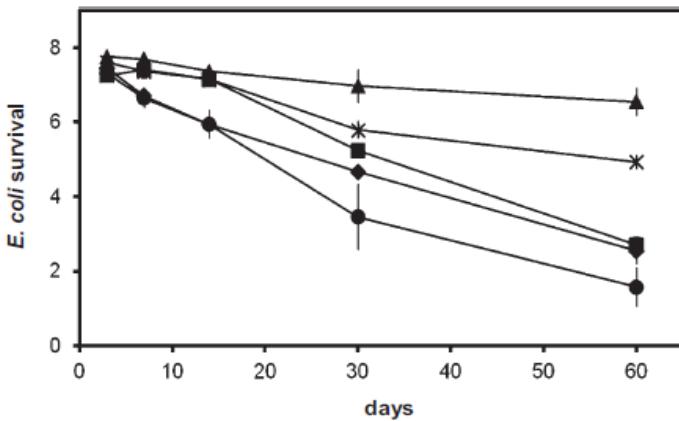
Strong relation with level  
dissolved simple sugars per  
unit biomass carbon



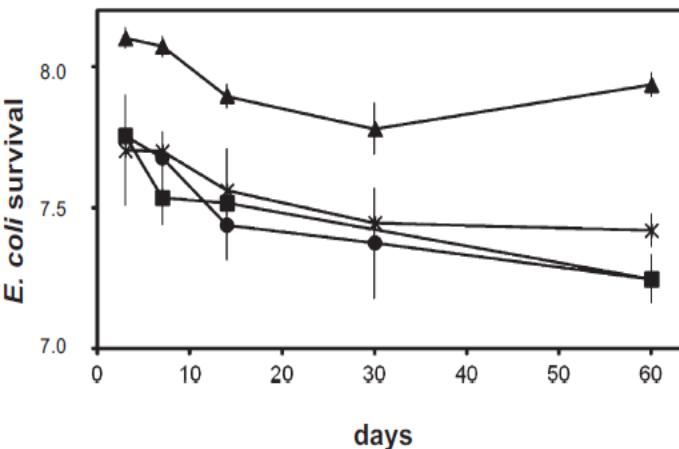


# Survival soil: microbial species diversity

O157 survival in soil with artificially altered microbial diversity

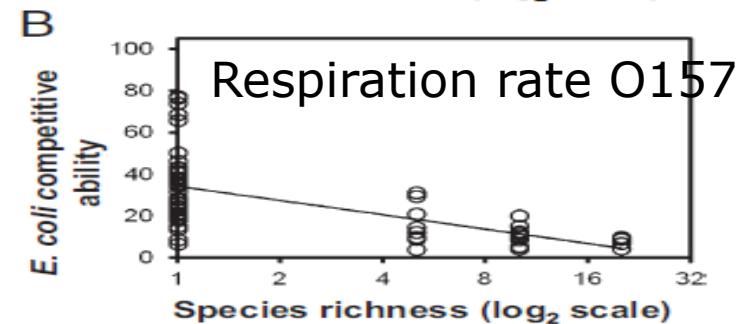
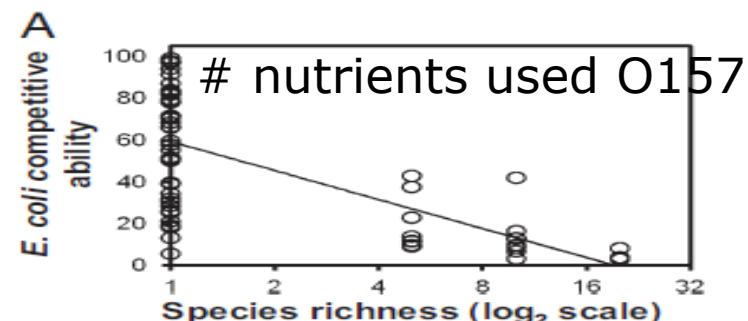


Increased dilution

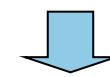


Sterile

5 strains  
20 strains  
100 strains



Higher microbial diversity in soil



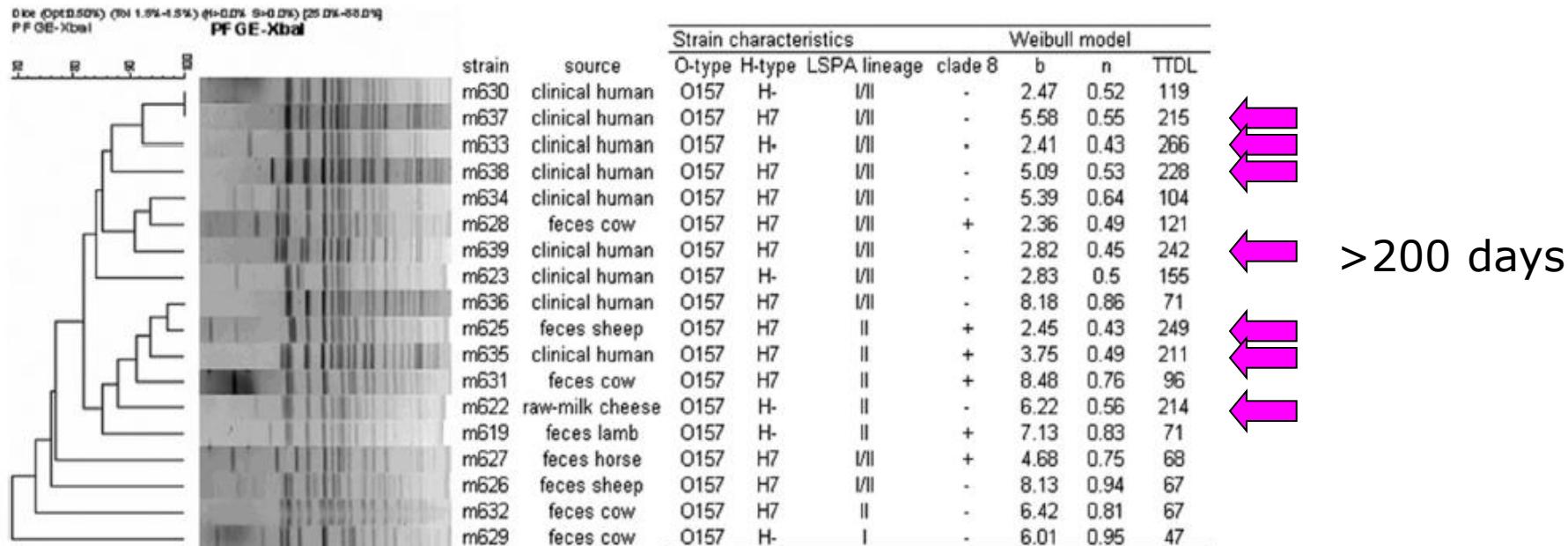
Lower metabolic fitness O157



# Survival in manure-amended soil: strain diversity

18 *E. coli* O157 strains in 1 manured soil

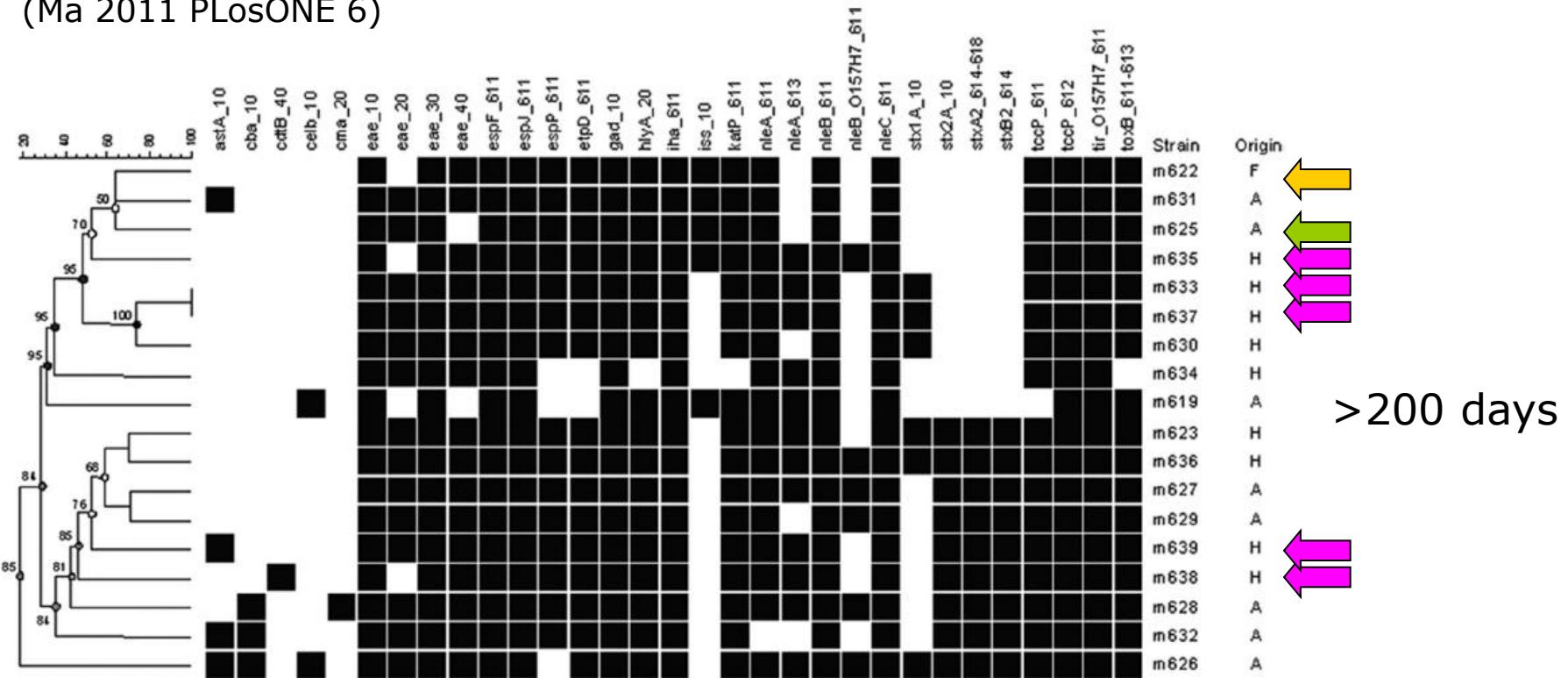
- Large variation in survival: 47-266 days to detection limit
- 7 Long survivors: 5 sheep, 1 food
- No relation with PFGE, LSPA-lineage, clade





# Survival in manure-amended soil: virulence genes

- No relation survival with virulence profile
- Survival *E. coli* O157:H7 wildtype =  $\Delta stx1$  =  $\Delta stx2$  =  $\Delta eae$  =  $\Delta stx1-2$   
(Ma 2011 PLoS ONE 6)

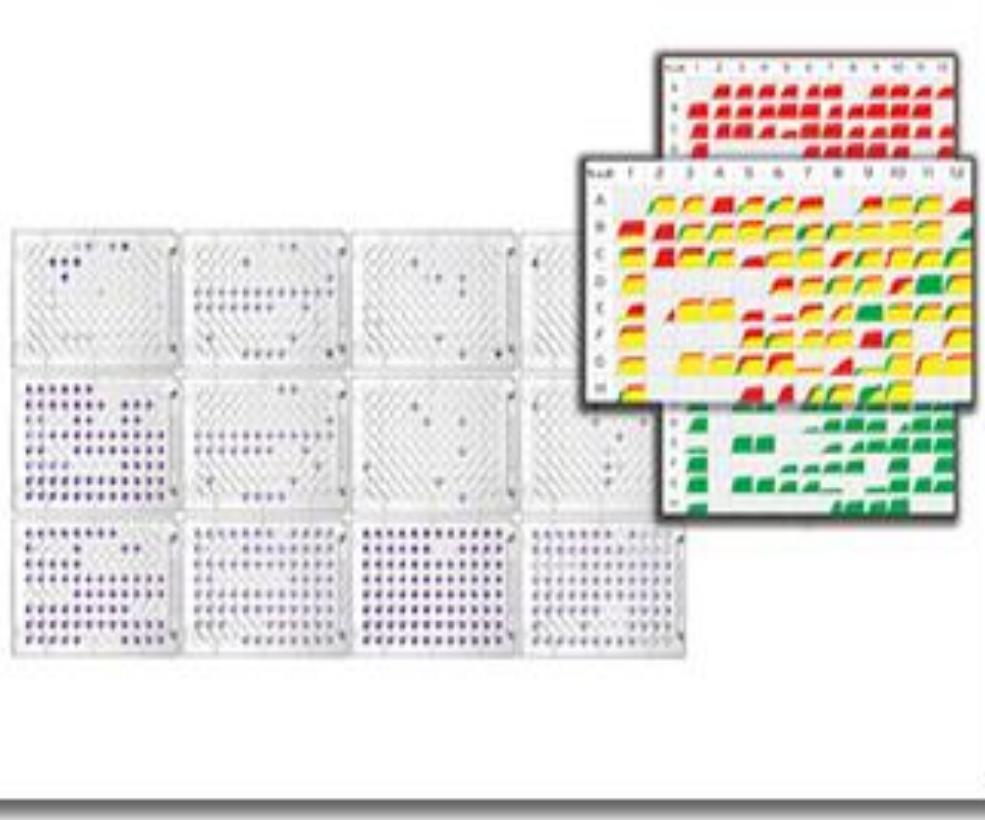




Franz 2011 AEM 77:22

# Survival in manure-amended soil: metabolism

Biolog metabolic profiling: substrate depending dye reduction

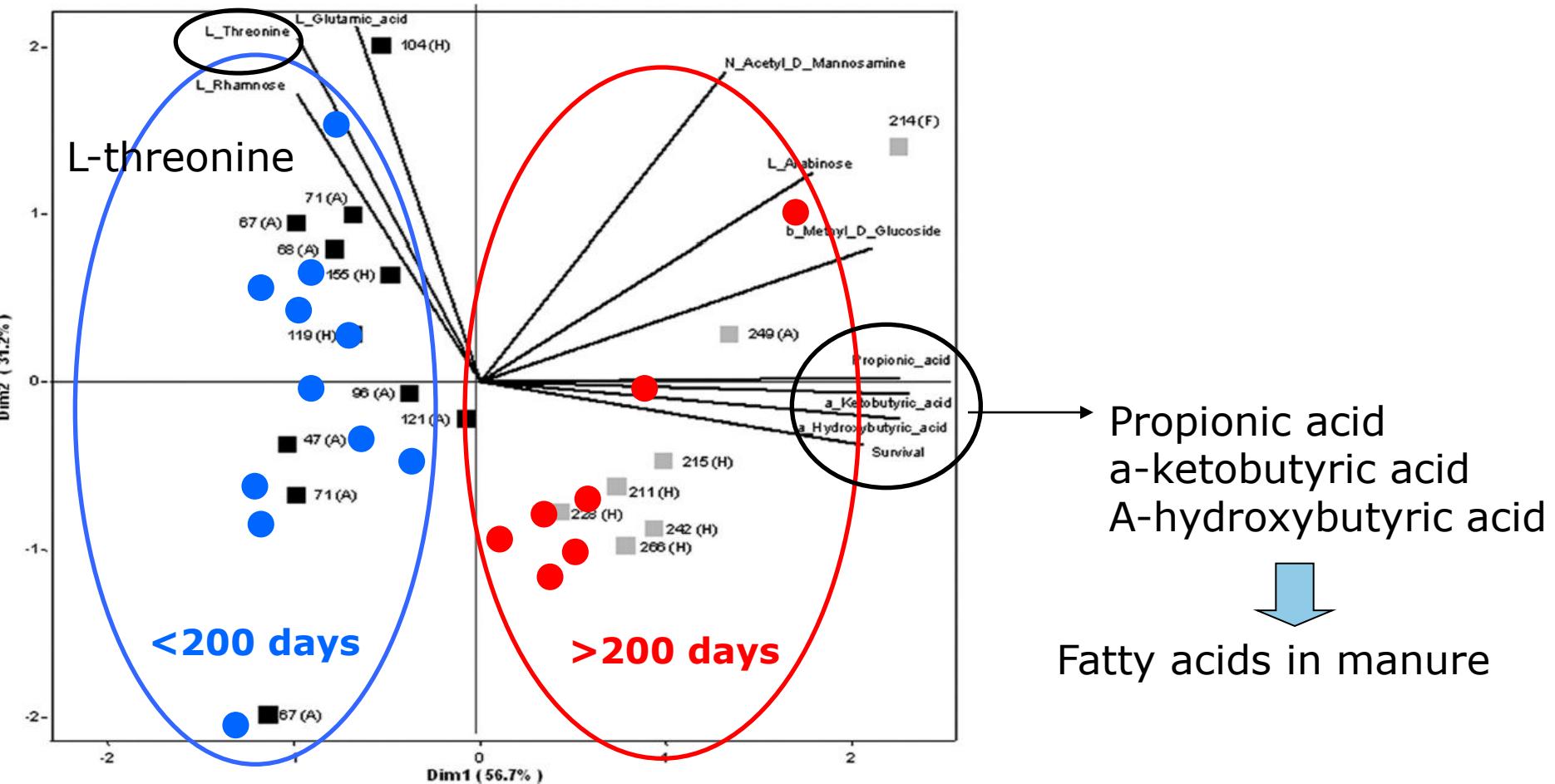


2 plates carbon sources  
1 plate nitrogen sources  
1 plate phosphorus sources  
1 plate sulfur sources





# Survival in manure-amended soil: metabolism





## Metabolic regulation by *rpoS*

***rpoS*:** → Regulatory mechanism general stationary phase stress response  
→ Positively regulates carbohydrate and fatty acid metabolism

*rpoS* WT versus  $\Delta rpoS$

| Carbon source                     | PM-value |
|-----------------------------------|----------|
| $\beta$ -Methyl-D-Glucuronic Acid | 102      |
| L-Galactonic Acid-g-Lactone       | 98       |
| L-Threonine                       | 92       |
| L-Alaninamide                     | 70       |
| L-Glutamine                       | 67       |
| L-Proline                         | 66       |
| D-Trehalose                       | 64       |
| D-Saccharic Acid                  | 50       |
| Propionic Acid                    | -51      |
| Glycyl-L-Proline                  | -69      |
| $\alpha$ -Keto-Butyric Acid       | -86      |
| $\alpha$ -Hydroxy-Butyric Acid    | -110     |

Higher in  $\Delta rpoS$

Lower in  $rpoS^{\text{mut}}$

RpoS mutants: lower stress resistance, lower fatty acid metabolism  
higher nutrient scavaging (broader “diet”; N-sources)



- Franz et al 2012, JCM
- Van Hoek, Franz, FEMS microb. Lett.

## Survival in soil manure-amended: role of *RpoS*

Sequencing *rpoS* gene of all 18 *E. coli* O157 soil strains (Sakai template)

< 200 days survival

| Strain | LSPA | <i>rpoS</i> mutation |
|--------|------|----------------------|
| M619   | I    | T433G (Y145D)        |
| M623   | I/II | T402G (F134L)        |
| M626   | I/II | 488, insert 1bp      |
| M627   | I/II | 396, insert 12bp     |
| M628   | I/II | T383A (I128N)        |
| M629   | I    | 654, deletion 13bp   |
| M630   | I/II | 97, deletion 4bp     |
| M631   | II   | 75, deletion 1bp     |
| M632   | II   | G376A (G126R)        |
| M634   | I/II | A917C (Q306P)        |
| M636   | I/II | C601T (Q201Stop)     |

> 200 days survival

| Strain | LSPA | <i>rpoS</i> mutation |
|--------|------|----------------------|
| M622   | II   | -                    |
| M625   | II   | -                    |
| M633   | I/II | -                    |
| M635   | I/II | -                    |
| M637   | I/II | -                    |
| M638   | I/II | -                    |
| M639   | I/II | -                    |

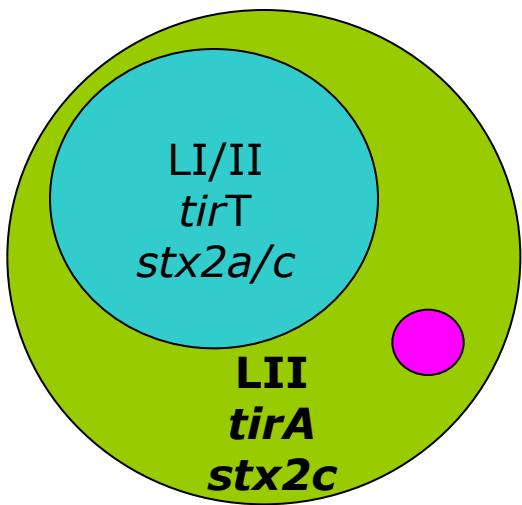
Average survival pH 2.5 for 6h  
63%±25 vs 97%±2 (P=0.003)



- Franz et al 2012, JCM
- Van Hoek, Franz, FEMS microb. Lett.

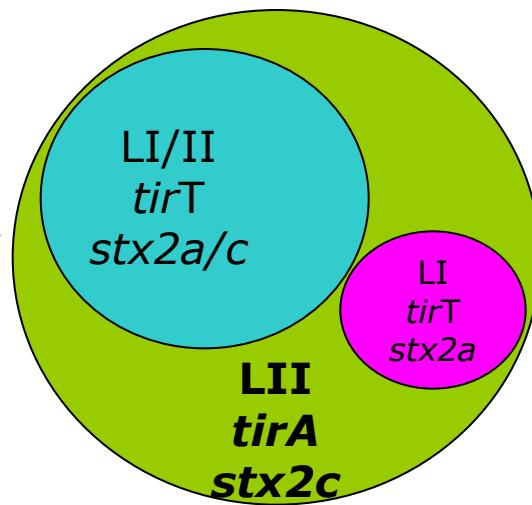
## *rpoS* distribution among *E. coli* O157 isolates

Bovine n=73



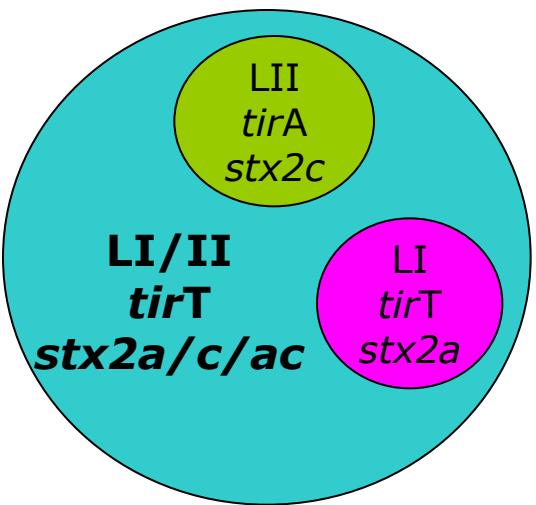
**73 WT *rpoS***

Food n=29



**27 WT *rpoS***  
**2 mutant *rpoS***

Human n=85

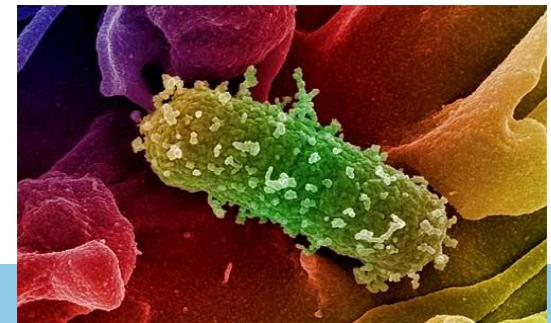


**85 WT *rpoS***  
**28 mutant *rpoS***



# Stress resistance & metabolism: gaps

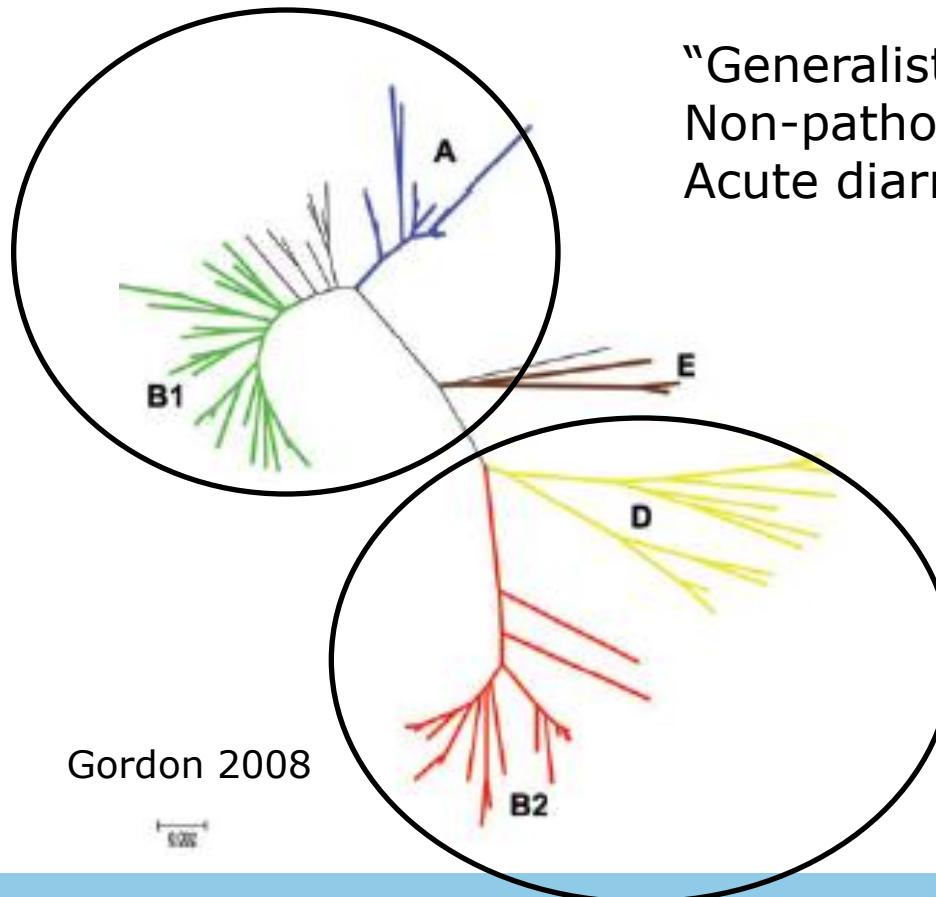
- What is the niche for selecting for *rpoS* mutants?
  - > Human?
- What is the selective advantage of *rpoS* mutants?
  - Increased nutrient scavaging?
    - > Enhanced expression central metabolism (TCA/Krebs) (Ferenci 2003)
    - > Increased respiration on non-preferred nutrient sources
      - L-threonine, L-serine (Dong 2009, Franz 2011, Parker 2012)
      - Succinate, fumarate, malate (intermediates central metabolism) (Dong 2009)
    - > Increased expression of LEE genes (*tir*, *espA*) (Dong 2009)





# *E. coli* phylogroups

Differ in ecological niche, life-history traits, disease potential



“Generalists”

Non-pathogenic commensals

Acute diarrheal disease (STEC, ETEC, EIEC)

“Specialists”

Chronic/mild diarrheal disease (D)  
(EPEC, EAEC, DAEC)

More extra-intestinal virulence genes

Gordon 2008

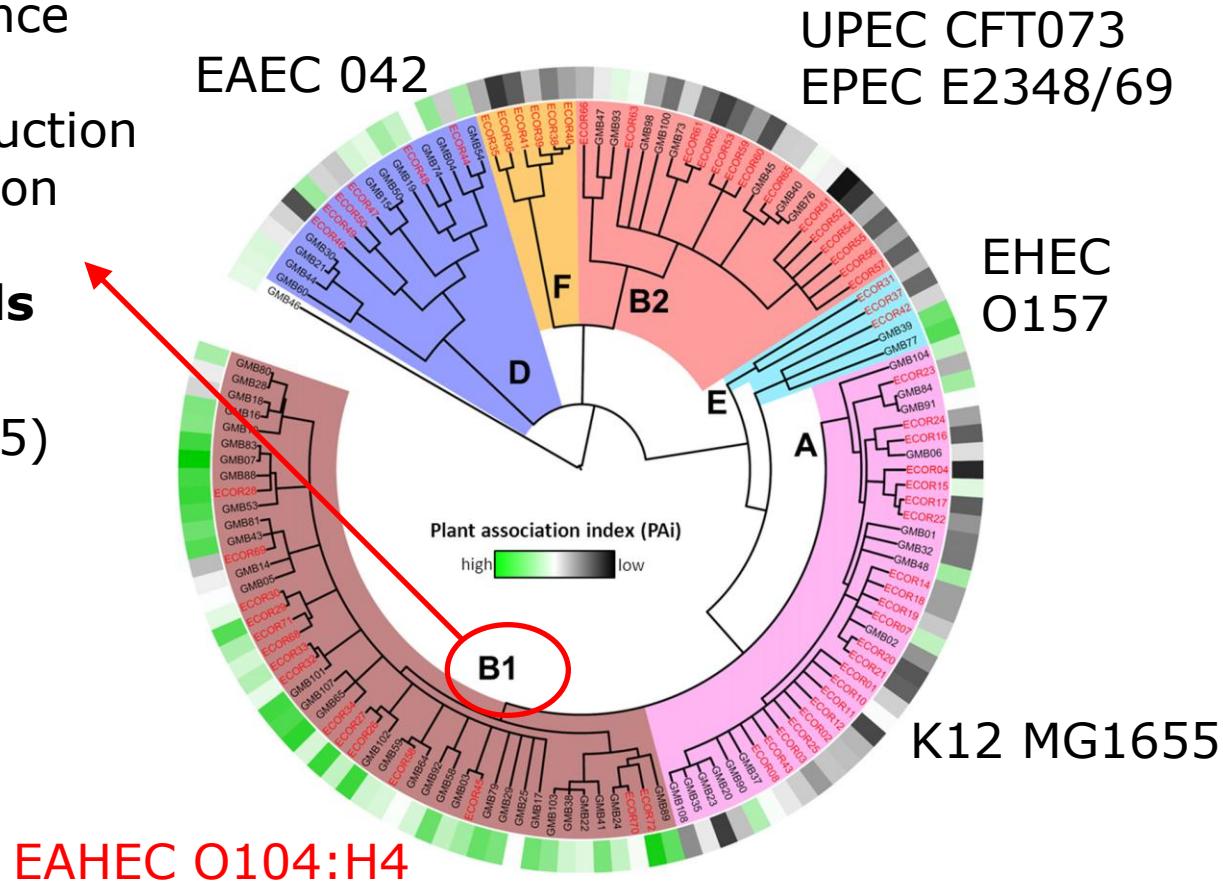
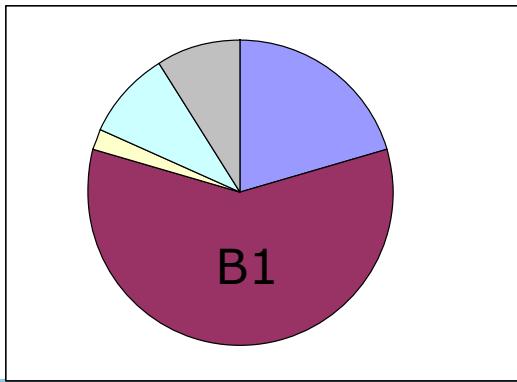
0.25 μm



## *E. coli* phylogroups in the environment

- Environmental persistence
- Plant associated
  - Higher biofilm production
  - Higher metabolism on plant sugars
  - **Higher RpoS levels**

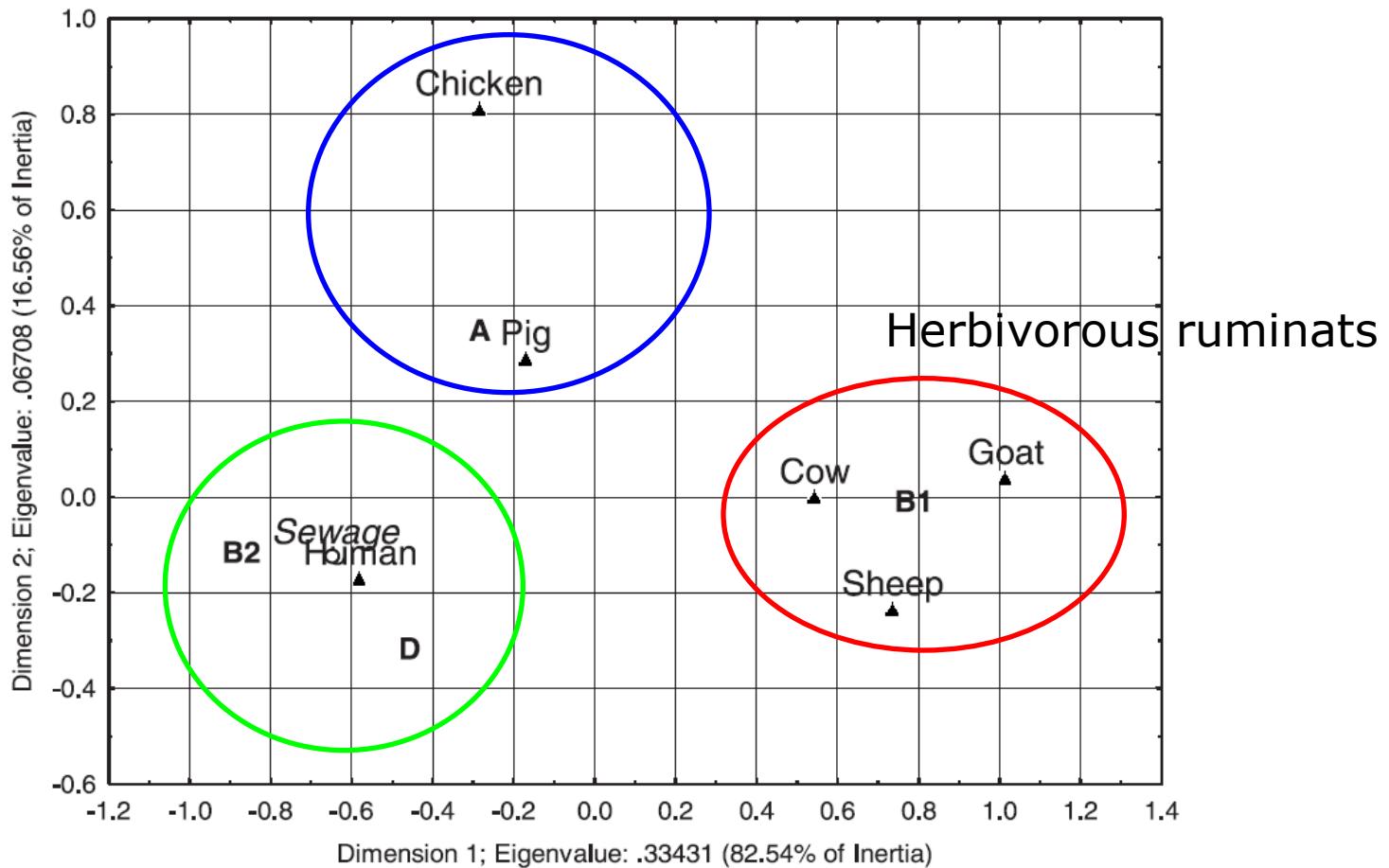
Non-O157 STEC (n=225)  
60% B1, 20% A





Carlos 2011

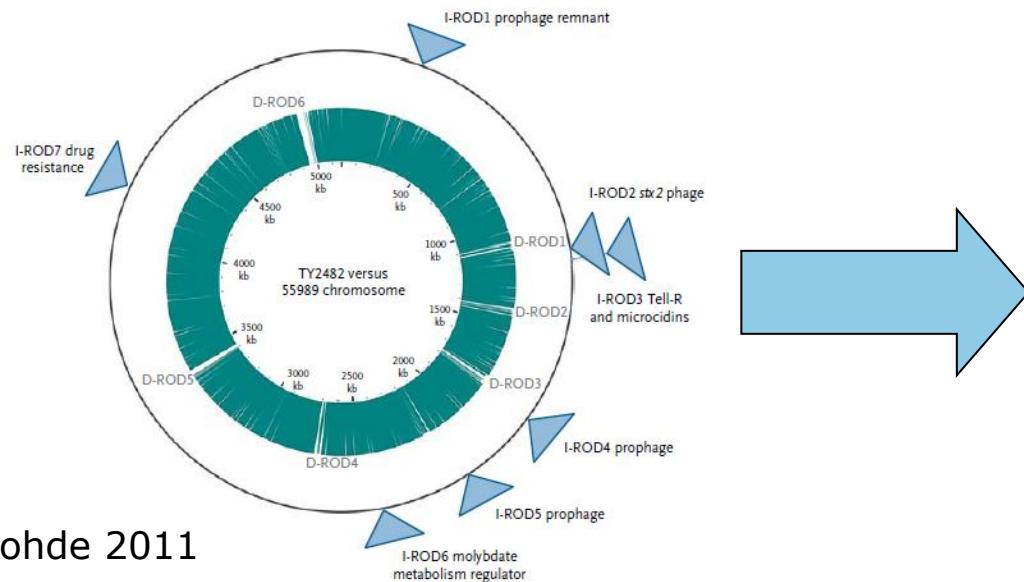
## *E. coli* phylogroups origin





# From genomics (back) to phenotype

- Increased possibilities genome sequencing: wealth of genomic data
  - Strain identification, genetic markers, evolutionary reconstruction
- Difficult if not impossible to prediction of phenotype (complex regulatory networks)



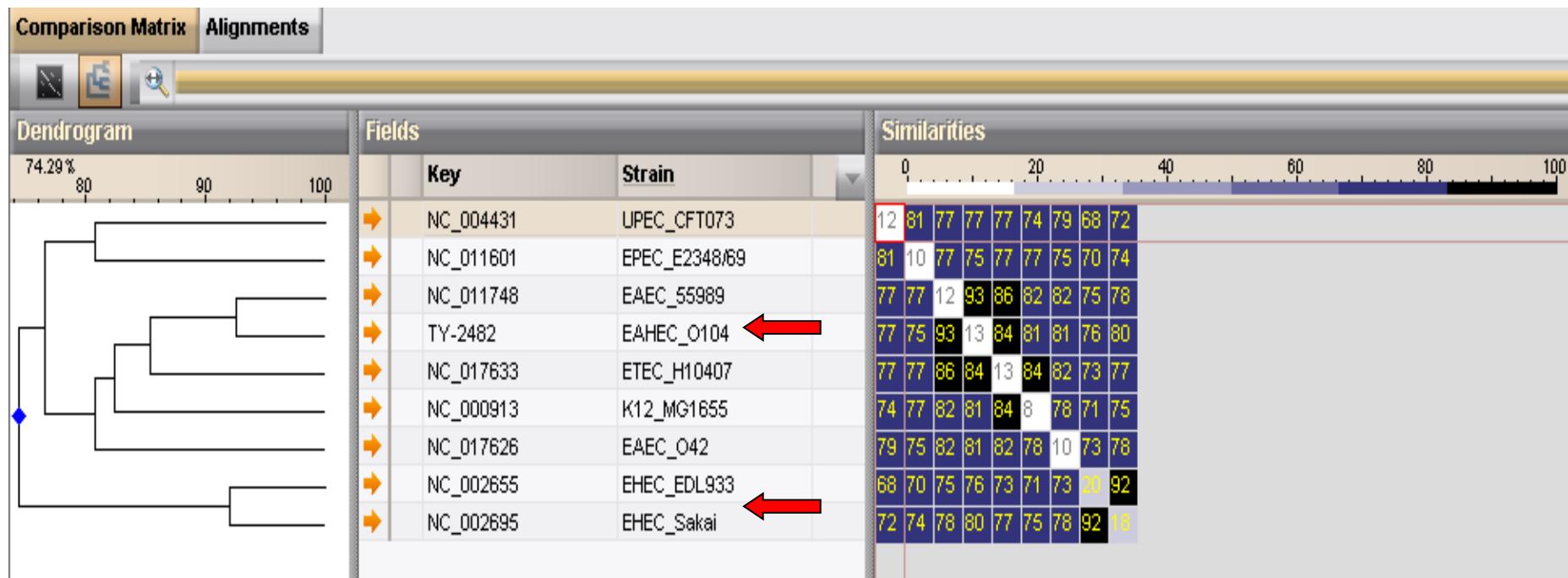
*In vivo / in vitro:*  
Virulence  
Metabolism  
Fate in environment, food

?



Franz in prep.

# Comparative genomics and metabolic profiling of HUSEC O104:H4





# Comparative metabolic profiling of HUSEC O104:H4

| Pathotype | Serotype | Strain     | Phylogenetic group | Source   | Sequence reference |
|-----------|----------|------------|--------------------|--|--------------------|
| Commensal | OR:H48   | K12_MG1655 | A                  | Wild-type laboratory strain of <i>E. coli</i> K-12 (Blattner 1997)                               | Blattner 1997      |
| UPEC      | O6:H1    | CFT073     | B2                 | USA, Maryland University Hospital (Manges 2001)  | Welch 2002         |
| ETEC      | O78:H11  | H10407     | A                  | Bangladesh prior to 1973, adult with cholera-like symptoms (Evans 1973, Evans 1987, Coster 2006) | Crossman 2010      |
| EPEC      | O127:H6  | E2348/69   | B2                 | UK 1963, infant with diarrhea  | Iguchi 2009        |
| EHEC      | O157:H7  | EDL933     | E                  | USA 1982, clinical isolate implicated in hamburger outbreak (Riley 1983, Wells 1983).            | Perna 2001         |
| EHEC      | O157:H7  | Sakai      | E                  | Japan 1996, clinical isolate implicated in radish sprout outbreak (Michino 1999)                 | Hayashi 2001       |
| EAEC      | O44:H18  | 042        | D                  | Peru 1983, child with diarrhea (Nataro 1995)   | Chaudhuri 2010     |
| EAHEC     | O104:H4  | 586        | B1                 | Netherlands 2011, adult patient linked to German outbreak associated with fenugreek (this study) | Rohde 2011         |



# Comparative metabolic profiling of HUSEC O104:H4

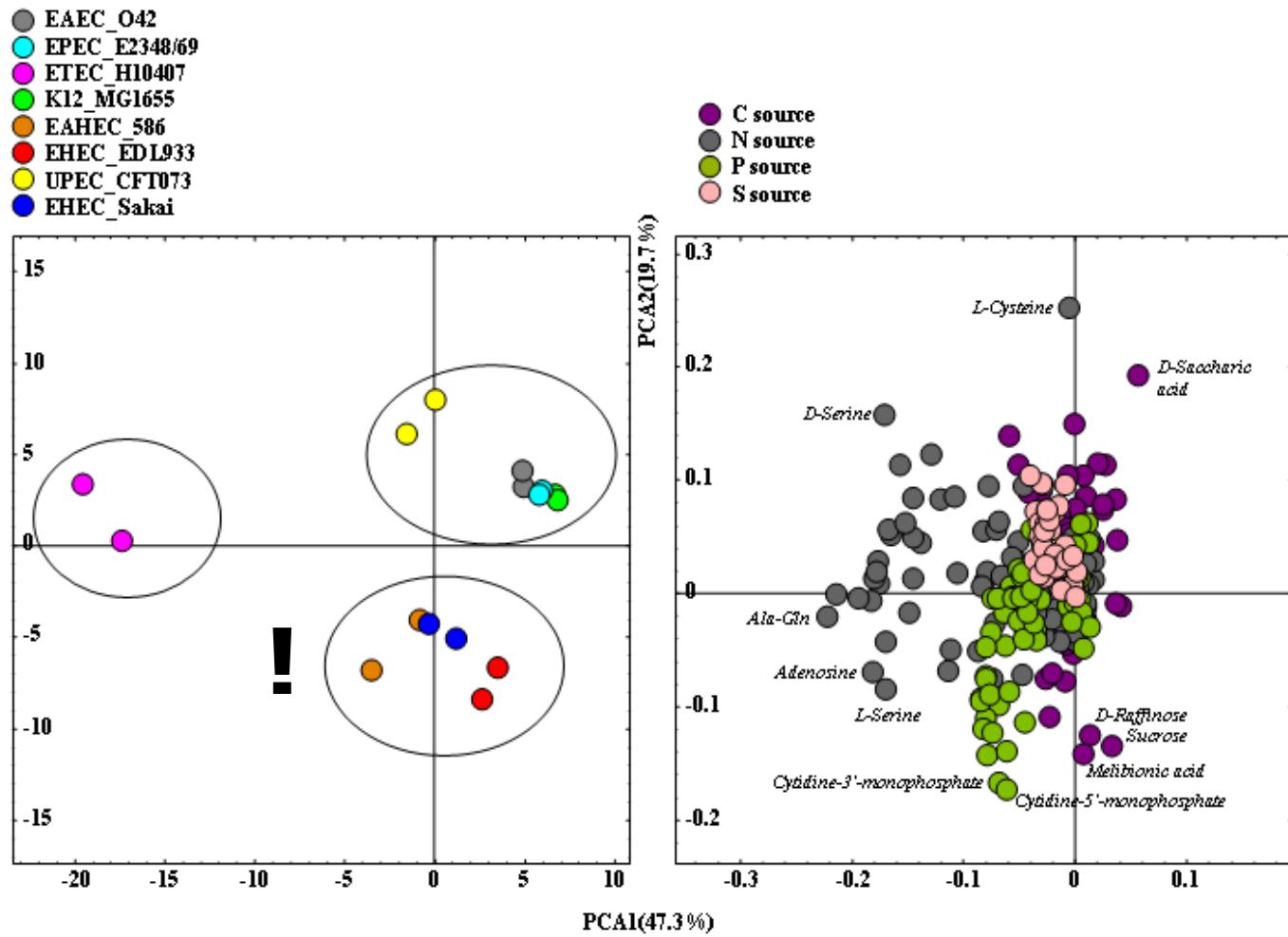
## Mean metabolic activities

|     | K12<br>MG1655             | EAEC<br>O42                      | ETEC<br>H10407                | EPEC<br>E2348/69          | EAHEC<br>O104:H4                 | EHEC<br>EDL933                   | EHEC<br>Sakai                    | UPEC<br>CFT073                   |
|-----|---------------------------|----------------------------------|-------------------------------|---------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|
| ALL | 1.36±0.76 <sup>a</sup>    | 1.47±0.76 <sup>a, b</sup>        | <b>2.03±1.50 <sup>d</sup></b> | 1.47±0.73 <sup>a</sup>    | 1.73±0.91 <sup>c</sup>           | 1.69±0.95 <sup>b, c</sup>        | 1.43±0.97 <sup>a</sup>           | <b>1.88±0.91 <sup>c, d</sup></b> |
| C   | 1.40±0.88 <sup>a</sup>    | 1.45±0.87 <sup>a</sup>           | 1.51±0.87 <sup>a, b</sup>     | 1.48±0.85 <sup>a, b</sup> | 1.57±0.76 <sup>a, b</sup>        | <b>1.76±0.93 <sup>b, c</sup></b> | 1.31±0.80 <sup>a</sup>           | <b>1.88±0.76 <sup>c</sup></b>    |
| N   | 1.18±0.78 <sup>a</sup>    | 1.42±0.82 <sup>a, b,<br/>c</sup> | <b>2.77±2.34 <sup>d</sup></b> | 1.38±0.78 <sup>a, b</sup> | 1.94±1.10 <sup>c</sup>           | 1.39±0.83 <sup>a, b</sup>        | 1.41±1.29 <sup>a, b,<br/>c</sup> | 1.75±1.10 <sup>b, c</sup>        |
| P   | 1.56±0.39 <sup>a</sup>    | 1.60±0.33 <sup>a</sup>           | <b>2.62±1.05 <sup>c</sup></b> | 1.53±0.26 <sup>a</sup>    | <b>2.25±0.92 <sup>b, c</sup></b> | <b>2.38±1.00 <sup>b, c</sup></b> | 2.04±0.89 <sup>b</sup>           | <b>2.23±0.92 <sup>b, c</sup></b> |
| S   | 1.25±0.28 <sup>b, c</sup> | 1.48±0.34 <sup>c, d</sup>        | <b>1.82±0.50 <sup>e</sup></b> | 1.48±0.30 <sup>c, d</sup> | 1.12±0.26 <sup>a, b</sup>        | 0.93±0.15 <sup>a</sup>           | 1.14±0.035 <sup>a, b</sup>       | <b>1.59±0.26 <sup>d, e</sup></b> |



Franz in prep.

# Comparative metabolic profiling of HUSEC O104:H4

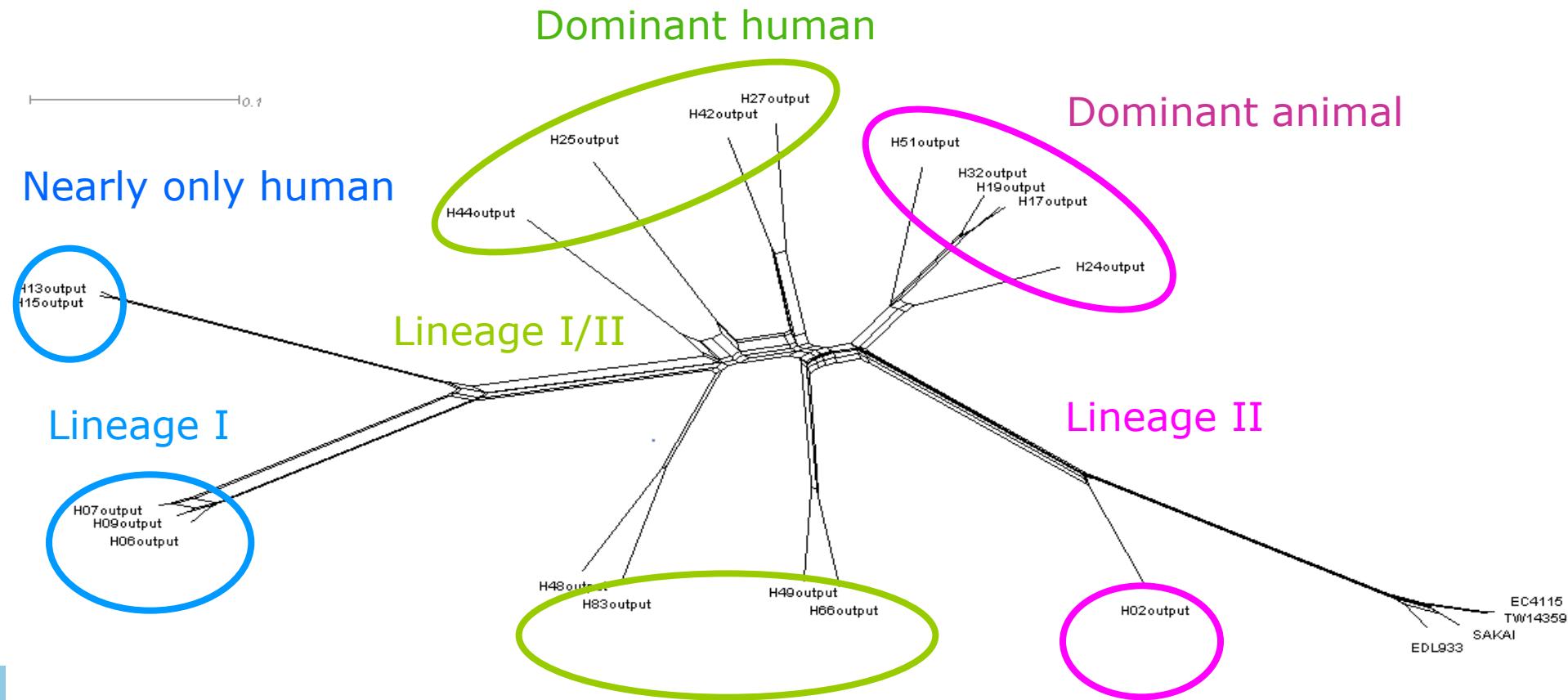




Franz and van Hoek, in prep.

# Sequencing Dutch O157 strains

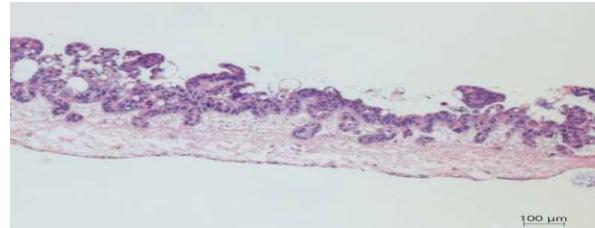
Non-random distribution lineages over sources → WHY?



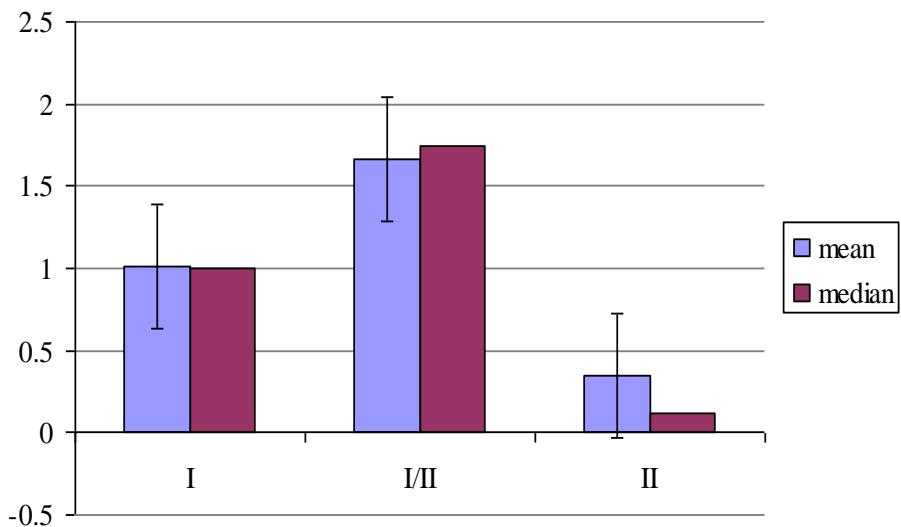


Franz in prep.

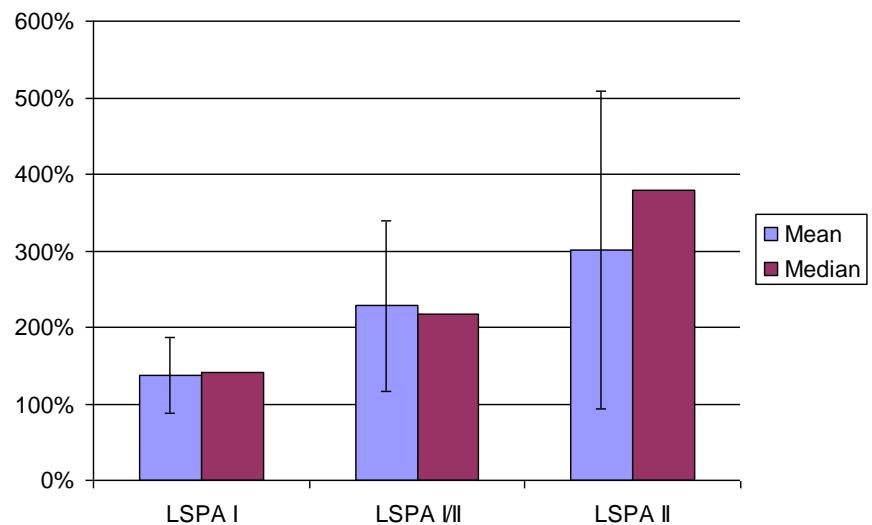
## Relation to phenotype



Stx production



Adherence CIEB / CACO

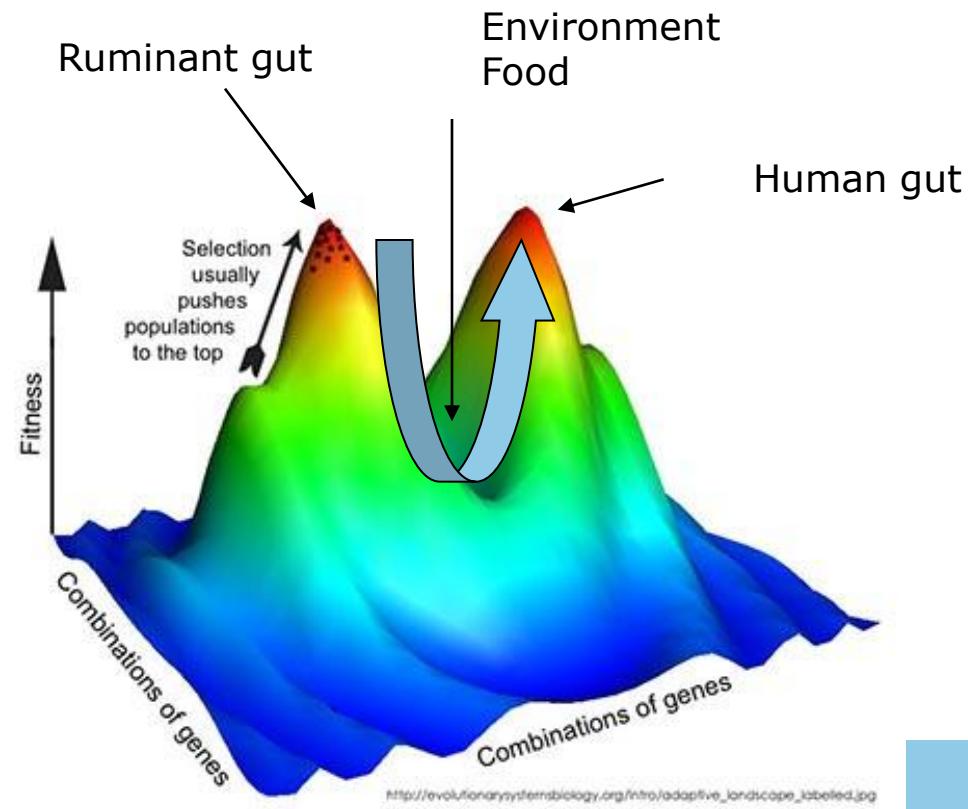
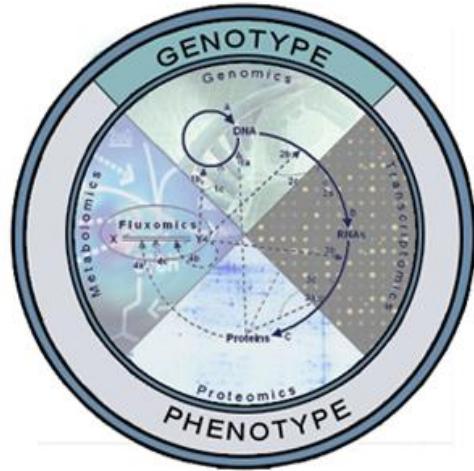


Biolog metabolic profiling  
Transmission: survival environment, food (plant)?



## Take home message (1/2)

1. Stress resistance regulation and metabolic capacity are dynamic processes within STEC populations and seem vital for persistence in host and non-host environments.
2. Do not forget the phenotype





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Welzijn en Sport



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