



Aware use of the Internet: experiences from the territory

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Streaming webinar

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ITALIAN NATIONAL INSTITUTE OF HEALTH
National Center on Addictions and Doping

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Relevance

Internet addiction is the subject of increasing attention from experts: it concerns a super investment of online activities, which occupies most of the time of the day, accompanied by inability to control, mood changes, progressive abandonment of tasks and previous interests and, sometimes, phenomena of withdrawal from social life. In addition to suggesting the importance of an early educational intervention of the digital tool, clinicians turn their interest to understanding the personal and relational difficulties that lie behind these manifestations, in such a way as to increase the awareness of the subject and to favour more adaptive and creative solutions.

Purpose and objectives

Illustrate the multidimensional construct of Internet Addiction and the differences with social withdrawal.

Identify the main prevention and treatment strategies.

Teaching method

Relations with presentations

PROGRAM

- 13.45 Welcome address
R. Pacifici
Director of the National Center on Addiction and Doping
- 14.00 Project: Rete senza fili. Health and Internet Addiction Disorder (IAD): many possible connections
A. Minutillo
- 14.15 Prox Experience: a way of building prevention
R. Fiorini
- 14.30 Networking between services in the Tuscan experience of the Rete senza fili project
G. Intaschi
- 14.45 Cà Dotta - Multimedia laboratories for health promotion and courses on new technologies
L. Brusaterra, G. Dal Santo
- 15.15 Display. A digital education experience
G. Masengo
- 15.45 The virtual as a therapeutic medium
M.R. Rabboni



16.15 Conclusions

SPEAKERS

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Giuseppe Masengo Display Center, Alba Piemonte Region
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