Seroprevalence of Toxoplasma gondii in domestic pigs, sheep, cattle, wild boars, and moose in the Nordic-Baltic region: systematic review and meta-analysis

Olsen A.^{1,2*}, Berg R.¹, Tagel M.³, Must K.³, Deksne G.^{4,5}, Enemark H.L.⁶, Alban L.², Johansen M.V.¹, Nielsen H.V.⁷, Sandberg M.², Lundén A.⁸, Stensvold C.R.⁷, Pires S.M.⁹, Jokelainen P.^{7,3,10*}

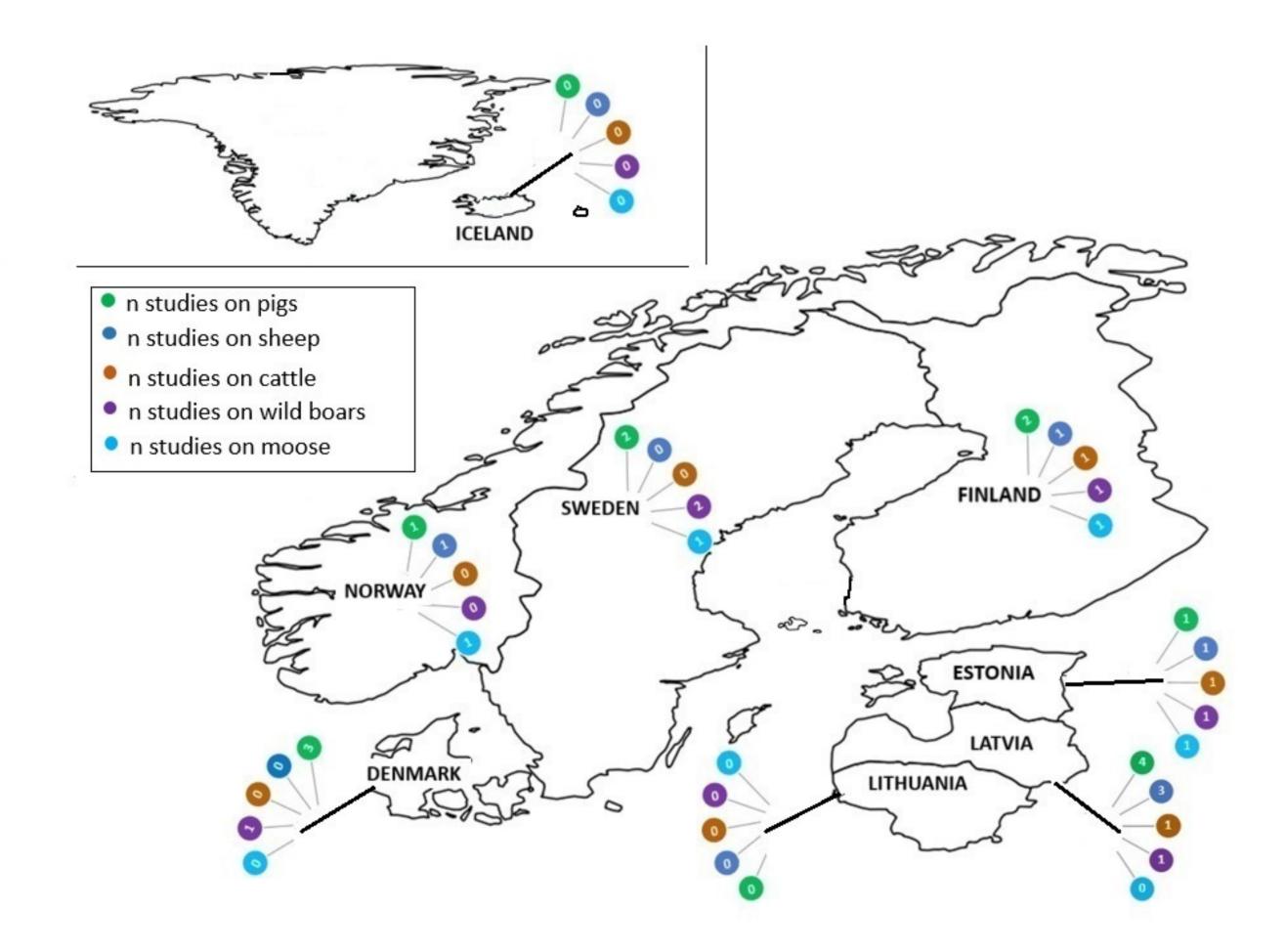
¹University of Copenhagen, Denmark; ²Danish Agriculture & Food Council, Denmark; ³Estonian University of Life Sciences, Estonia; ⁴BIOR, Latvia; ⁵University of Latvia, Latvia; ⁶Norwegian Veterinary Institute, Norway; ⁷Statens Serum Institut, Denmark; ⁸National Veterinary Institute, Sweden; ⁹National Food Institute, Denmark; ¹⁰University of Helsinki, Finland *abol@lf.dk; pijo@ssi.dk

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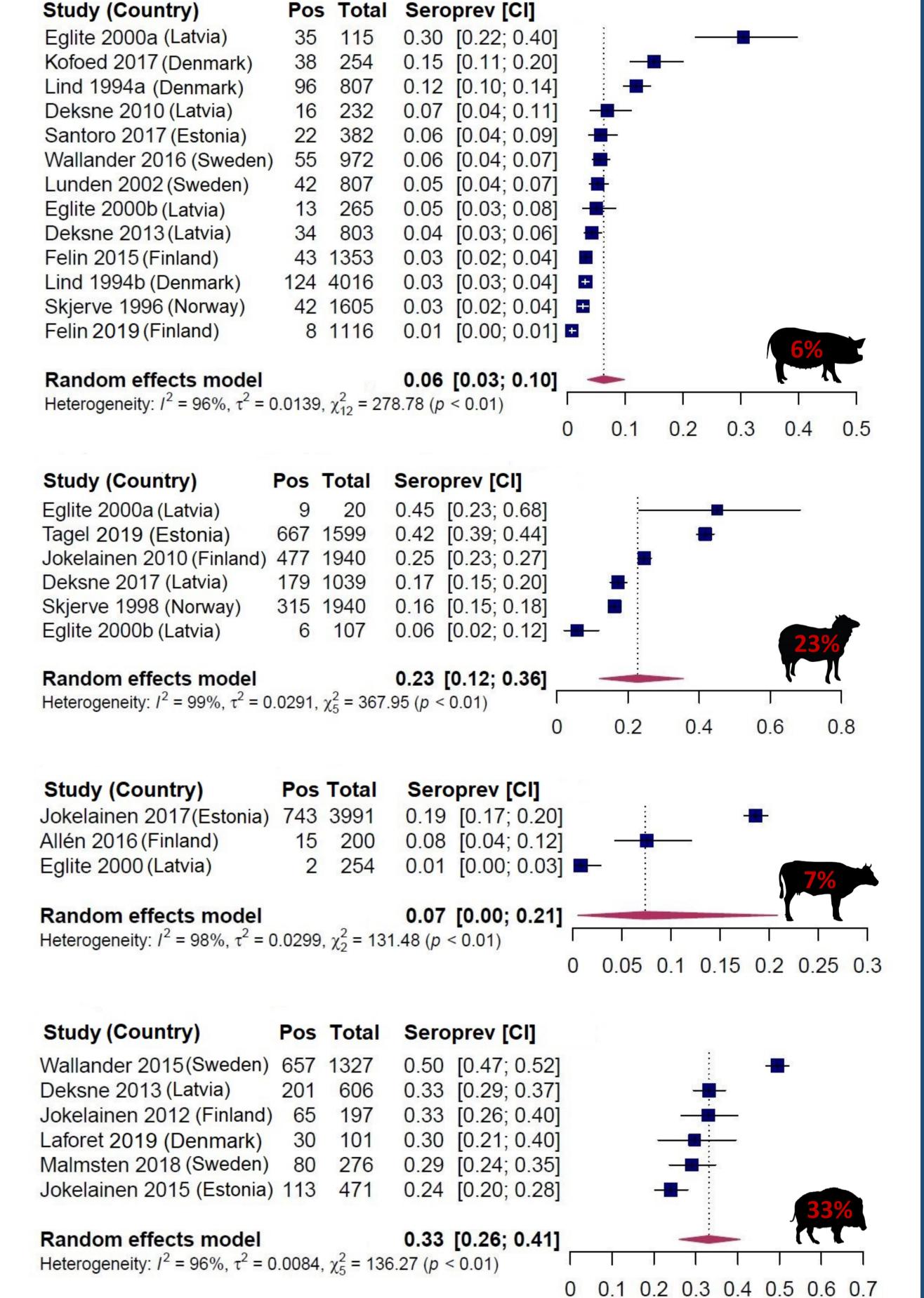
One of the ways humans may become infected with *Toxoplasma* gondii is if they consume undercooked meat of infected animals.

We conducted a systematic review and meta-analysis of *T. gondii* seroprevalence in pigs, sheep, cattle, wild boars and moose in the Nordic-Baltic region, including studies from January 1990 to June 2018. Thirty-two studies qualified for meta-analysis: 13 on domestic pigs, 6 on sheep, 3 on cattle, 6 on wild boars, and 4 on moose. For each host species, we estimated the pooled apparent seroprevalence using a random effects model, and subgroup analyses were performed using mixed-effects models.

The estimated pooled seroprevalence was 6% in pigs (CI95%: 3– 10%), 23% in sheep (CI95%: 12-36%), 7% in cattle (CI95%: 1-21%), 33% in wild boars (CI95%: 26–41%), and 16% in moose (CI95%: 10–23%). In all host species except wild boars, the pooled seroprevalence estimate was higher in >1-year-old than in younger animals. The results indicate widespread exposure to T. gondii among animals raised or hunted for human consumption in the region.



Number of *T. gondii* seroprevalence studies that qualified for the meta-analysis, by host species and by country. Adapted from Olsen et al. 2019.



Estimated pooled seroprevalence of *T. gondii* in domestic pigs, sheep, cattle, wild boars and moose respectively, in the Nordic-Baltic region using a random effects model. Adapted from Olsen et al. 2019.

Pos Total Seroprev [CI]

85 417

Vikøren 2004 (Norway) 270 2142 0.13 [0.11; 0.14]

Heterogeneity: $I^2 = 96\%$, $\tau^2 = 0.0080$, $\chi_3^2 = 68.67$ (p < 0.01)

0.24 [0.20; 0.28]

0.20 [0.17; 0.25]

0.10 [0.08; 0.11]

0.16 [0.10; 0.23]

















Study (Country)

Remes 2018 (Estonia)

Malmsten 2011 (Sweden)

Random effects model

Jokelainen 2010 (Finland) 116 1215









0.2